GLENKENS GAZETTE

News from Balmaclellan, Carsphairn, Corsock, Crossmichael, Kirkpatrick Durham, Laurieston, Mossdale, New Galloway, Parton and St John's Town of Dalry

August/September 2022 ISSUE 131 FREE

ORDER LOCAL FOOD ONLINE!







There is now a way to order locally-produced food online - and have it delivered direct to your door!

The ease of use of today's online supermarket shopping, accentuated in our rural areas during the pandemic, means that convenience really is king when it comes to buying food, and it's tough to offer this service when it comes to shopping local.

However, here in the Glenkens we've managed it with the creation of the Glenkens Food Hub. The knowledge that this is something people wanted came from the Glenkens Community Action Plan research which identified the need for a single point for ordering local and sustainably produced food. (You can view the action plan at www.glenkenstrust.org.uk/community-action-plan).

What could be better than knowing you're supporting your friends and neighbours in their food business, and that the food you are buying is as fresh as can be; from just round the corner - grazed, grown or made - and having it delivered straight to your door?

The food hub offers a hyper-local food chain solution giving food sovereignty to those who produce, distribute and consume our food. It also helps tackle the issue of greenhouse gas emissions present in long, global supply chains. This benefits the community

by improving health and wellbeing, reducing social isolation and building community wealth.

The hub is currently a collective of 12 local producers, all within 30 miles of the Glenkens. The **August food hub is open 12-16 August for delivery on Friday 19 August.**

The **September food hub** moves to twice a month, and you can **order from 26 to 30 August for delivery**



The Glenkens Food Hub in action - Abi, Tamsin and Linda prepare boxes to be delivered to local customers.

Friday 2 September or 16 to 20 September for delivery Friday 23 September.

To order, or to sign up for the hub's newsletter and hear about future dates and new producers, visit https://openfoodnetwork.org.uk/glenkens-foodhub/shop

Turn to page 4 to see the current list of local producers...

Glenkens

This year's theme is 'Celebrating Our Local Food' and we're looking forward to working with organisations and food businesses across the Glenkens to create a mouthwatering programme of events.

So far on the calendar is a plant & produce swap, a local food feast and film screenings that will really make you think about where our food comes from. There will be a fungi forage, community 'glut' tables, burger & beer at the CatStrand, the Balmaclellan

ceilidh and much much more – all culminating in live music accompanied by fresh local food at the Ken Bridge Hotel on the 24 September to tie in

Food Month is Back



with celebrations for the bicentenary of the Ken Bridge.

The GCAT Connecting in Communities team is delighted to be taking over the baton of organising the September food month from New Galloway Community Enterprises and is looking forward to building on the excellent work done over the last three years by community engagement workers Sam Rushton and Hayley Edgar.

Propagate remains a key partner, with their focus on healthy and resilient food systems (Propagate are also a key partner in the Glenkens Food Hub initiative - see article above).

Look out for more information about the Glenkens Food Month from early August - we look forward to seeing you there!

The Connecting in Communities Team

The Land Use Conversation

Last issue's Land Use Focus drew together a selection of pertinent local land use issues highlighted by some excellent authors, sparking much discussion.

Continuing the land use conversation and trying to figure out how the Glenkens can ensure a community voice in a changing world - and fast - there are a number of strands on the horizon.

There is an opportunity for the Glenkens to participate in the process of creating the Scottish Government's vehicle for communities to be involved in land use decisions, Rural Land Use Partnerships (RLUPs) - see p12 for more on this - but will the creation of this system be in time to support the Glenkens with the pace of current land use change?

Another strand is community ownership of areas of land. Carsphairn now has its own section of woodland in community ownership, through the recent acquisition of a portion of Muirdrochwood forest by Carsphairn Community Woodland Ltd (see pages 10-11 and 25 for further information on CCW). Can our communities become more active in land ownership?

The Glenkens & District

Community Action Plan's priority of a community farm and community food production is an area which is also being looked into. Is there a way that the community can purchase land which can then be held in stewardship and used for the benefit of our communities in order to support local food production? Are there other ways our communities can become the key stakeholders they need to be in the land use decisions which will affect all our futures? These are some of the questions being asked, and hopefully we'll find some answers soon.

NB Apologies to the authors of the articles on the page opposite as this page was omitted in error from the printed version of last issue's Glenkens Land Use Focus.

GALLOWAY IS NOT ALONE

On 30 June, the Galloway Glens
Scheme and Leeming
& Paterson hosted
an online event that
allowed us to hear
from speakers working
on a local and national
level, all with an
interest in how land
use is managed and
influenced in Galloway.

We heard that the South of Scotland has been selected as a pilot for a Regional Land Use Partnership (RLUP), highlighting timescales and what this could achieve. The Galloway & Southern Ayrshire UNESCO Biosphere gave an overview of how land use can be set in the wider debate of sustainability, and we heard how art can help us better understand our relationship

with land use. The event also included a presentation from Andrew Thin, chair of the Scottish Land Commission, talking about how we can influence land use legislation in Scotland. All the speakers contributed different

angles to the debate, and I am very grateful for their time, and for the questions and input of the audience.

Since the event, one overall point has stuck with me: Galloway is not alone. The concerns being raised in our area, from 'off-market' land transactions and local owners being priced out from purchase, through to community disengagement and unintended consequences of emerging global carbon markets, are actually being felt across the whole of Scotland. These challenges are not unique to Galloway.

The Scottish Land Commission play a vital role. They have the ear of Scottish Ministers, they compile input from across the country and try to fix what people tell them is wrong. It just so happens that the week after the event a Scottish Government consultation was launched entitled 'Land Reform in a Net Zero Nation'. This is looking ahead to the proposed new Land Reform Bill which has a stated aim to "ensure that the public interest is considered on transfers of particularly large-scale

land holdings, and we will aim to introduce a pre-emption in favour of community buy-out where the public interest test applies..."

The new consultation wants to know your answer to a range of questions including:

- Is a 'large-scale' landholding one that is more than 3,000 hectares in size, or should it be smaller?
- Should large-scale landowners be required to undergo a 'public interest test'?
- Should this measurement be applied to the seller or the buyer of the land?
- Should an owner be required to notify community groups in advance of their intention to sell land?

While hearing the speakers on the night I realised that Galloway's challenges are woven into our national story. We are not alone but sometimes we are seen further from the land use change 'frontline' than we should be. The best way we can address this is by inputting the voices of Galloway into the 'Land Reform in a Net Zero Nation'

consultation paper.

Search for it online and submit your views before 25 September. If "decisions are made by those who show up" then this is our chance.

McNabb Laurie, Galloway Glens Scheme



WHO SHOULD DECIDE ON LOCAL LAND USE?

The current approach to land use in rural Scotland is unbelievably out dated.

It is centralised in government departments and agencies. It is fragmented to suit different purposes that are all too often in conflict with each other. It fails to link all of the government's environmental, climate change, economic and community benefit targets. And the consultations of local interests are often a sham with decisions imposed in spite of our representations. Oh dear, it has to be better than this!

What is needed? First, leave the decisions to informed local communities, including local farmers and managers of land, to deliver outcomes which will benefit local natural environments, local landscape and amenity, and of course local communities resource owners.

We have the ingredients for making decisions better and involving us. We have a perfectly good national framework - the Land Use Strategy. And this is encouraging the development of Regional Land Use Strategies. We have a world class ethical basis for looking after the land and how each interest group has both rights and responsibilities in taking this forward - the Statement of Land Rights and

Responsibilities approved by the Scottish Parliament. Its roll-out is being led by the Scottish Land Commission. We have the challenge of delivering a new basis for supporting food production following Brexit and the promise of a new incentive scheme in 2024. We have also the promise of new environmental legislation on the same time scale.

Locally, we are well advanced. We have an excellent local framework - the Glenkens and District Community Action Plan with staff employed to facilitate its achievement. We have an excellent enabling mechanism - the Galloway and Southern Ayrshire Biosphere Partnership which has already led local discussions on land use. We have local understanding of the global and national imperatives for use of the land. There is nothing to stop us deciding for our ourselves.

Of course, we need to be sure that the newly elected local councillors and our Holyrood representatives are fully supportive of our efforts. And we do need the support of the national powers that be in future-proofing decisions and actions to favour a mutually supportive contribution to providing local social and economic benefits, redressing climate change, improving biodiversity and landscape amenity.

What do we want to achieve? That is not for me to prescribe. However, I am sure there are ingredients shared by the



Surely we want more of this (above) and not more of this (below)...



majority of local interests. For example, farming which produces wholesome food for local, as well as wider, consumption on land that provides jobs for future generations, provides shelter for animals through tree planting, that sequesters carbon, and improves soil structure, soil biodiversity and the look of the landscape. Hopefully, this a good starting point.

Wind Farms and the Glenkens

Are you aware of what is happening in the Glenkens?

Before long, every hilltop between Dalmellington in the northwest, Sanquhar in the northeast and Parton in the south will be covered with giant wind turbines.

The approach of the Scottish government to planning permission for onshore wind farms in the area is relentless. Even on those occasions when the Dumfries & Galloway Council has the resources to address developers' applications, the government rides roughshod over them.

Although almost everyone would agree that it is crucial to cut carbon emissions and to strive one way or another for net zero, a balance has to be struck between that and other interests, such as tourism on which the fragile economy of Dumfries & Galloway depends.

Our landscape and environment are important to all of us. Dumfries & Galloway has already done far more than its fair share towards green energy, indeed to such an extent that it is a massive exporter of power from the region, largely to England where demand is greatest. By contrast, onshore wind farm development in England depends on the consent of the local communities affected: consent which is almost never forthcoming.

There is no need for this headlong rush to cover the hills with wind farms. Even now the grid lacks the capacity to transmit all of the power produced by those which are operational, let alone those which are planned, and ends up having to make huge constraint payments to the wind farm operators. Moreover, back-up is required for times when the wind does not blow; with the government currently setting its face against fossil fuels and conventional

nuclear power, some alternative is still needed.

Before onshore development proceeds further, there needs to be a comprehensive investigation of the relative merits of other sources of green energy, particularly offshore wind and small nuclear reactors (SMRs – classified as green by the EU), and of the damage which onshore wind farms do to our livelihoods, particularly to tourism. The problem is that once built, an onshore wind farm will almost certainly never be dismantled: the damage is irreversible.

In the meantime, it is essential that the voice of local communities in the areas affected is heard.

If you want your voice to be heard, contact Save Our Hills Dumfries & Galloway through at www. saveourhillsdumfriesandgalloway.co.uk or find us on Facebook.

Iain Milligan, Chairman, Save Our Hills Dumfries & Galloway

Revisiting Our History

We all know we live in an old part of an old country.

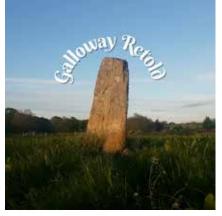
Every day we can walk by ruins of old buildings or ageing monuments to people long dead. Our graveyards are ancient; full of tumbled stones and eroding carvings. Cobbles still line some of our streets and break their way up through the tarmac on others. The forests around us have grown up and around villages that most of us have no idea ever existed.

Have you ever walked by those ruins, or stopped to catch your breath by one of those monuments, and wondered "what is its story?" Have you ever

squinted to read that old engraving and wondered "who was this person really?"

Armed with little more than a pile of books from the Local Collection at Dalry Library and my mobile phone, I've set out to answer these questions in a new series of videos called *Galloway Retold*. My aim is to bring the stories of Galloway into the digital age in bite-sized, accessible and entertaining pieces.

Starting with the story of Kenmure Castle, I will be releasing one video a week over the summer, and maybe beyond, on my YouTube channel. With thanks to Dumfries Libraries and Archives, these will be available on Facebook, through the new Dumfries & Galloway Heritage Service page, and the



Dumfries & Galloway Libraries Twitter

Search YouTube for 'Galloway Retold' to find my channel directly!

Angela Miller

Glenkens Men's Shed

The Shed has been very busy over the last month or two.

We recently constructed over 100 nesting boxes for pine martens in conjunction with the Dumfries & Galloway pine marten group. These are now being installed over a large area hopefully in time for next year's breeding season. The Shed members did an excellent job giving their time and expertise for free.

The Shed also hosted the third

Dumfries Men's Shed network meeting in June. Unfortunately the attendance was down due to the rising Covid rates. However, the Sheds that did attend - Moffat, Newton Stewart and Dalbeattie - were very impressed by how well-run, well-equipped and tidy our Shed was.

The food, provided by members and by Connecting in Communities, went down very well and our thanks go to all those who contributed, particularly to Chris Jowsey who, under trying circumstances, kept the event on track.

Tom Leach

Dalry Arts & Crafts Fair

Dalry Town Hall will be hosting an Arts & Crafts Fair on Sunday 28 August from 11am to 3pm.

The fair will have a diverse range of handcrafted pieces of work from a selection of artists, designers and crafters from across the region. Our aim is to establish the Dalry fair as a 'must-see' attraction in the area - we hope to see you there!

Lesley Blissett

Glenkens Food Hub Producers

Continued from front page...

Abi Mordin runs **Hidden Veg**, a small market garden in Balmaclellan, growing seasonal vegetables, herbs, and fruits.

Tom van Rooyen bakes delicious bread, pastries and more at **Earth's Crust Bakery** in Castle Douglas.

The Ethical Dairy cheese is produced at a forward thinking, sustainable, carbon negative farm whose model is based around treating the animals, the land, their environment and the people who work there with respect and kindness.

Irene McCreath is a local farmer and goat aficionado. She produces the most wonderful preserves, both savoury and sweet, from her garden produce, to accompany the delightful duck eggs from her farm.

Gillian Smith is a busy farmer, with many interests, with a passion for Zwartbles sheep. She is also an adept chef and cooks up wonderful treats from her courtyard.

Barnbarroch organic farm belongs to the McConnell family near Newton Stewart focusing on nature friendly, organic farming to bring you sublime beef products.

Suie Fields in Auchencairn is a smallscale family farm, providing fresh and nutritious food, including grass-fed Highland beef, outdoor reared saddleback pork, eggs, fruit and veg.

Low Auldgirth is a family run steading, using traditional methods and heritage breeds to farm the land in a way that enriches the environment. They produce slow grown, quality farm products that capture both passion and place.

Beans' Greens is a new venture for Lisa, offering broccoli, radish, sunflower, and pea microgreens. Grown in the Cairn Valley from organic seeds, the microgreens are full of nutrients, some boasting forty times more than their fully grown counterparts.

Galloway Scottish Pasta is the brainchild of Andrew and Margaret from the Smiddy Tearooms in New Galloway. They make a slow dried, artisanal pasta from wheat flour, milled in Kirkcaldy, and organic oat flour grown, and milled in Aberdeenshire, with a pinch of Ayrshire sea salt.

Baile Curraich, near Dalbeattie, is owned by ex-forces Francis and Luke, who works in social care. They run a small farm, rearing rare and native breeds, in particular Shetland Cattle for both beef and to preserve the breed. They farm with wildlife and conservation in mind. All beef is 100% grass fed, even in winter when they are fed indoors on the farm's summer grass.

Scone Mad is based at Carsphairn Tearooms. Enthusiastic Lindsay makes wacky flavour scones, using local ingredients.

Are you feeling hungry yet ..?

We are looking for more local producers within a 30-mile radius of the Glenkens so do tell us if you produce food which is sustainably grown or made, and would like to be involved in the hub's online marketplace.

Please spread the word amongst the Glenkens community and if possible help those less technically minded to place orders online (www.openfoodnetwork.org.uk/glenkens-food-hub/shop).

Lesley Atkins

#Tossers Update

Reporter - Angelica Sprout WARNING - this article contains graphic images and language some may find distressing

Since the last edition there have unfortunately been further recorded sightings of tossing of all kinds. Good people from across the area have been phoning in to report accounts of #tossers but, whilst there is mounting evidence that they are actively operating in the area, we are yet to have a confirmed and verifiable sighting.

And as we delve into their secretive world it is becoming increasingly apparent that there are various different sub-species of #tosser, many of whom mingle openly and with little remorse with the normal people of our community. After careful examination of the scattered detritus they leave behind, we are starting to formulate theories with respect to a few distinct #tosser subspecies.

#thefurtivetosser - the average #tosser does not like to be observed; it is as if they actually know they are doing wrong. Initial investigations suggest that the majority are remarkably furtive in nature, quietly going about their business knowing just how unpopular they are.

#theprofessionaltosser - one avenue of exploration is that there are a few persistent offenders that repeatedly cause a material amount of the problem. Without wishing to be alarmist, we are increasingly pursuing a theory that there may even be a small number of professional #tossers in our area who are not only extremely proficient at what they do but are repeat offenders.

#thecompleteunrepentanttosser - once unthinkable, it is now thought that the worst #tosser of all may have entered our community and be active across the Glenkens. Belligerent and unrepentant, one preliminary study even suggests they blame others for their actions. Whilst initial evidence appears strong as to their existence it is inconclusive and we will keep you posted as the picture builds.

We appeal to everyone to send in photos of any evidence you may see of #tossers. Please do be careful in approaching #tossers though as, from what we can gather, they can present unpleasant and erratic behaviour. We



also don't know if tossing is contagious, so keeping a healthy distance is recommended. However, honking your horn and gesturing from the protection of your car may be ok, with the recommended approach being to take a note of their number plate and report the sighting to the police.

The Gazette is keen to applaud any voluntary activities relating to the inevitable clean-up required once a #tosser enters an area. Such community spirit is essential to help undermine their activities, but will also help keep our beautiful area clean. We hope to run a special feature on #tosser clean-ups in a future edition and look forward to receiving any images and observations you may have (Gazette email can be found on the back page).

Dear Gazette,

Having read Ted Leeming's comments in the April/May issue of the Gazette about #tossers, I thought maybe I should highlight the **#aquatossers**; that is the people who think it's ok to toss their rubbish into the nearest waterway – be it loch, river or burn.

Lame excuses (when risking a black eye, I have mentioned to

culprits that their actions really are not acceptable) include "the rain will wash it away" and "it's all natural stuff, it can't do any harm".

The burn into which the gable end of my house is set regularly sports an interesting array of garden waste, disgarded vegetables and orange peel, along with plastic bags and food wrap. A garden ornament has joined them recently too, as well as other

decaying, smelly items.

Anyone going for a refreshing early morning dip in the river, where this lot inevitably ends up, risks emerging festooned with a load of old gunge that someone has jettisoned further upstream.

Our waterways and the wildlife they support are precious – let's not treat them as rubbish tips.

Sue Wiseman

Industry, Community and Alternative Technology Event

An interesting and informative Industry Community & Alternative Technology (ICAT22) event was held in Castle Douglas Community Centre in July.

There were a number of tables where attendees could join in discussions on key issues impacting our area. Abi Mordin, from Propagate, facilitated a discussion which focused on local food production and food security. There was a discussion on community ownership of land led by Linda Gillespie. A conversation on the potential of locally generated energy from renewables was facilitated by Jeremy Sainsbury, and there was also a table considering how to

influence decision makers and planning policy led by Carolyn Yates.

The final hour of the event was taken up by a Q&A session with Paul Rogers, Professor of Peace Studies, who covered lots of of the current big issues surrounding the climate crisis and consequential geopolitical instability and migration concerns.

Feedback from all discussions were that participants felt them to have been highly worthwhile.

The event was facilitated by the Castle Douglas Development Forum (CDDF). If you would like to find out more about this event and its outcomes, or future events of a similar nature, please get in touch with Carolyn Yates on CDDF Chair Carolyn Yates at cddfchairperson@gmail.com or 01556 503 739.



Abi Mordin from Propagate sharing ideas about local food production with members of her working group.

Connecting our Communities

As I approach the end of my fifth week in post as project leader for Connecting in Communities (CiC), I just wanted to say a big "thank you" to everyone who has welcomed me and the rest of the new CiC team into our new roles.

The team has been busy so far going into the Glenkens and district to meet people and deliver programme flyers for the activities coming up this month. Together with Fiona Limbrey, CiC's community development officer, and activity officer, Jo Jackson, we continue to build a community-based project that reaches the needs of our local organisations, friends and neighbours. We are busy pulling together a fabulous new programme for August, leading into a scrumptious September Food Month 2022.

Fiona has been busy liaising with volunteers; we continue to need support from people to help with everything from CatStrand events to gardening or driving the community transport bus. If you feel you could give a little bit of time, Fiona would love to hear from you!

Jo's activity programme has launched, with everything from life drawing to drumming to guided walks. See the page opposite for details of upcoming events and activities.

I have begun to venture out into



The CiC Team (left to right) - Jo, Lisa and Fiona.

the wider Glenkens and district to get a firmer understanding of what the needs are for the future of community development for 2023 and beyond. If you have any suggestions for shaping the future of the Glenkens and district, I would love to hear from you on lisa@ catstrand.com, or drop in at the CatStrand for a chat.

I am really looking forward to the Ken Bridge bicentenary celebrations, with plans well underway for a host of activities and events for all ages. These include an afternoon of talks presented by the Glenkens Story on 'Crossing the Ken: Bridges, Fords and Ferries' and the Ken Bridge 'Crossing the Water' parade - family fun with storytelling and puppet making, with a lovely finale with Mark Zygadio's water organ - to find out more visit www.gact.scot

Thanks must go to Dave Paterson for the use of the Ken Bridge Hotel

garden, to DRAX for lighting up the bridge, as well as to the team that has produced such a fabulous programme of events. Special thanks to John Crallan for steering the project to where it is today, Mike Brown for creating the flyers and Martin Warnock, Willie Jardine and Jamie Murdoch for clearing shrubbery around the bridge. Finally, thank you to Marcus Maxwell who has kindly allowed us to use his sheds and land to celebrate this historic occasion.

September brings the return of Glenkens Food Month. This will be a celebration of our local growers and producers, showcasing the great food produced in our area. If you have any foodie ideas you'd like to explore and put into the Food Month programme, please contact me - I'd love to hear your ideas!

Lisa Ridley, CiC Project Leader













AUGUST ACTIVITY PROGRAMME

All these activities are **FREE** & open to people with no experience or some experience. All equipment will be provided. The activities will run in small groups so **BOOKING IS ESSENTIAL**

PHOTOGRAPHY IN FOCUS

Expert tuition to bring your photography knowledge and skills into focus
Tuesdays: 2nd, 9th, 16th, 23rd, 30th: 10am-12pm
The Smiddy, Balmaclellan plus 'out in the field'

MUSIC MATTERS

Bring rhythm into your life with upbeat drumming and Ukulele workshops **Ukulele**: Wednesdays: 3rd, 10th, 17th, 24th, 31st: 7pm-8.30pm

The Smiddy, Balmaclellan

ARTistry

Develop your creative skills in life drawing Thursdays: 4th, 11th, 18th, 25th: 10am-12.30pm The Smiddy, Balmaclellan

WELLBEING - LIFE SKILLS FOR ALL

Introduce Mindfulness to your life and discover how it helps to live in the present.

Stay for a cuppa, scones and chat after (included)

Thursdays: 4th, 11th, 18th, 25th; 11.00am-12.00pm

CatStrand, New Galloway

WELLBEING - YOGA FOR MEN

Suitable for beginners, gentle introduction to physical and mental benefits Fridays: 5th, 12th, 19th, 26th: 2pm-3pm The Smiddy, Balmaclellan

ACCESSIBLE ART FOR WELLBEING

Free fortnightly workshops focusing on exploring Art and it's intrinsic relationship to Health and Wellbeing
FREE art workshops across the Glenkens, visiting Dalry, Crossmichael, Kirkpatrick Durham
19th August Crossmichael Village Hall 10.00 -11.30am
26th August Kirkpatrick Durham Village Hall 10.00 -11.30am
19th, 26th August 12.30 -2.00pm Dalry Town Hall

GUIDED NATURE WALKS

Guided Nature walks in a variety of stunning locations.

Sundays: 7th, 14th, 21st, 28th: timings 2pm-4pm A light late lunch will be provided.

Transport is available, booking essential in order to plan pick-up points in the Glenkens

Please do get in touch to find out about our glorious weekly locations.

For more information and to book please call us on 01644 420 374 11am-4pm

or book online at www.gcat.scot/project/cic/









Dalry Birdsong Day

Watson Birds and Planet Birdsong organised a number of events in Dalry.

Peter Cowdrey took a group along the river levee to identify bird song. Despite the gusty wind, we heard a good range of bird song - chaffinches both young and older, red kites, whitethroats,

sand martins, a hobby and others. As a result, a number of people subjected themselves to attempting to sing a specific bird song, helped by a spectrograph. Operated by Peter Threipland, a good representation was achieved of various bird songs, including curlew.

It was pleasing to have a number of people visiting Dalry Town Hall in the afternoon to purchase



Bird watching on the river levee listening for songs.

books from Donald Watson's collection and the recently printed postcards and letter cards. In the evening we were treated to outstanding musicianship by brother and sister duo, Peter and Liz Cowdrey on piano and violin respectively. Pieces by classical composers along with Peter's own compositions, based on sound recordings of bird song, formed the programme.

Roger Crofts

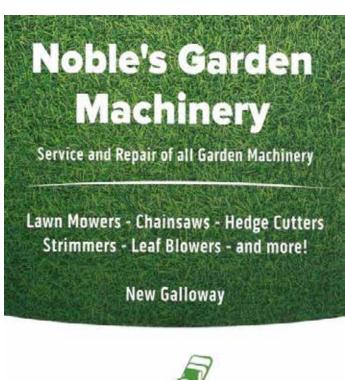
GLENKENS HELP FOR LIFEBOATS

The Glenkens RNLI fundraising group ran a successful two-day fundraising Cakes & Plants sale in Dalry.

A large selection of plants and seedlings, and a mouth-watering selection of home baking, helped us to raise over £620 for the Kirkcudbright lifeboat group.

The committee would like to thank everyone who so generously supported this event, and they would also like to thank Hair by Jayne who allowed use of the space outside the salon for the sales tables.

Glenkens folk have always been keen supporters of the Lifeboats, who are our fourth emergency service but receive no funds from the government and must rely on volunteers. The RNLI Kirkcudbright office reports that fundraising is still well down following the Covid lockdowns and so they were particularly delighted to receive the pay-in from the Glenkens.







CatStrand Café

Open 11am till 4pm 7 days a week

Come along for our delicious home baking. Light lunches also available 11.30am-2.30pm

Walkers, cyclists, bikers and dogs all very welcome!

Open Friday evenings in August from 4pm till 9pm with live music in the bar.

(bar open with tea, coffee and snacks also available)



Over August and September a busy programme of events has



Some of the creations which will be present at the Crossing the Water family event.

been arranged to mark the bi-centenary of the Ken Bridge's completion.

There is a real diversity including poetry, exhibitions, a delve into the history of the bridge, folk music sessions and the appearance of a kinetic sculpture water organ.

Ken Bridge 200 Exhibition - new photography using the Ken Bridge as a subject, alongside a delve into the historical archive, old photographs, newspaper articles and maps.

Water Organ by Mark Zygadlo -Water Organ is an intriguing kinetic artwork built on an eighteen foot catamaran.

Crossing the Water: A Parade of Stories, Music and Characters Over the Ken Bridge - A family-friendly celebration of 200 years of connecting the Glenkens with puppet making, storytelling and a parade.

Lighting Up the Bridge - Live music, partying and the new bridge lights will be switched on.

Ken Words Autumn Story Ceilidh

- River crossings have always been meeting points for sharing news and stories - a relaxed evening, sharing stories in 'open floor' session.

Crossing the Ken: Bridges, Fords and Ferries - Speakers include L Bruce Keith, author of *Bridgescapes: Scotland's Bridgebuilding Heritage* on how the bridge was built and the people who built it; David Bartholomew on crossing the Ken before the bridge; Archie McConnel on the story in maps and Michael Ansell on folk memories of the bridge.

Under the Bridge - Folk Session from 5pm. BBQ from 6pm, with locally sourced food (part of Glenkens Food Month - book food tickets). 7.30pm, Galloway Agreement outdoor concert.

Peter Renwick, CatStrand

These events have been supported by the Year of Stories 2022 Community Stories Fund, delivered in partnership between VisitScotland and Museums Galleries Scotland, with support from National Lottery Heritage Fund. They have also been made possible by support from DG Ltd's Regional Arts Fund, Galloway Glens Landscape Partnership, Loch Ken Trust and Glenkens District Trust. Many thanks to all the Glenkens community groups who have contributed to this diverse and exciting programme.

More on p38. For full details of events visit www.gcat.scot or pick up a CatStrand brochure from retail outlets around the Glenkens.



ULTRASOUND PREGNANCY SCANNING



Dairy & Sucklers; Ageing, Twin & Barren Detection.



Trailer system includes triplets, marking and shedding.



Pregnancy and number of pups.

For bookings and info:

Duncan Kennedy 07860 474001

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PROJECT IN FOCUS Muirdrochwood Forest Wildlife Hide is Ready!

Muirdrochwood Forest, near Carsphairn, has been a hive of activity since ownership passed to Carsphairn Community

Woodland (CCW) last year.

In March 2021, more than four years of work by the local volunteers of CCW finally paid off with ownership taken of part of Muirdrochwood Forest. The group have wasted no time, with a timber processing shed and equipment installed, car park, walking routes being created on the site and opportunities for volunteer activities in

A highlight of recent work has been the installation of a new octagonal wildlife hide. This hide was created using funds from CCW and the Galloway

the woodland.

Glens Scheme, supported by partners including the Glenkens Red Squirrel Group and the Galloway & Southern Ayrshire UNESCO Biosphere. In July, the hide was officially opened with a gathering of project partners at the hide.

David McMillan, Chair of Carsphairn Community Woodland, said: "CCW members have all commented on what a lovely addition the hide is to the woodland and that it's a very fitting building in such a beautiful landscape."

The hide was built by Adam Murray, from Thick & Thin Lumber Company, based near Beattock. Adam added: "The timber that was chosen was locally sourced European larch, planted in 1948. Working on the project was good fun due to the

Members of the Galloway Glens team and the GSA Biosphere join members of CCW outside the new wildlife hide.

shape of the structure, and it was great to see the project through from design to milling of the timber to construction. It was also enjoyable for the midges to have a fresh source of food..."

Bob Peace, from Glenkens Red Squirrel Group, commented: "I am really pleased to have been a part of this project - the resulting hide is way beyond my original expectations".

A series of events in the hide are

planned in August/September (see page opposite).

Faith Hillier, Biosphere Community Officer, was at the launch event and said: "This is a beautifully constructed hide, with a stunning view of the landscape. We are looking forward to bringing school

children here to learn about the wildlife of the Muirdrochwood Forest and it's a fantastic location for the future community events we're planning to hold in partnership with experts on red squirrels, pine martens, fungi and the night sky."

CCW are very grateful to funders of the land acquisition, Scottish Land Fund, Carsphairn Renewable Energy Fund Ltd and a discount for public benefits from Forestry and Land Scotland, and also to South of Scotland Enterprise (SoSE), who funded the development costs of the forest.

For anyone planning a visit, the Muirdrochwood Forest car park is on the B729

towards Carsphairn from the High Bridge junction (postcode: DG7 3TE), The 'what three words' location for the site is remit.breed.chestnuts.

For more information, follow Carsphairn Community Woodland on Facebook or visit www.carsphairn/CCWL

If you would like to join CCW as a member (if you live in Carsphairn Community Council area) or as a supporter (if you live further afield), details are on the website or you can email carsphairncw@gmail.com



Sponsored page, working in partnership









AUTUMN WILDLIFE BONANZA

AT MUIRDROCHWOOD'S NEW WILDLIFE HIDE

Muirdrochwood, near Carsphairn, is a woodland now owned by the community! Carsphairn Community Woodland (CCW) is running a number of exciting strands of work on the site. The Glenkens Red Squirrel Group and the Galloway Glens Scheme have been working with CCW to install a fabulous new wildlife hide which is now open. To celebrate its installation, a series of free events have been planned with the Galloway & Southern Ayrshire UNESCO Biosphere team which explore the biodiversity of Galloway and welcome you to the wildlife hide and wider Muirdrochwood forest site!

31ST AUGUST 9:30PM-11:00PM - DARKNESS AND STARS

Galloway was the first 'Dark Sky Park' designated in the UK. Star expert and Freelance Ranger Elizabeth
Tindal will guide us through some stars and constellations, talking about science and stories!

Format: In-Person public event, booked via Eventbrite

2ND SEPTEMBER 9.30AM-2.30PM - WELCOME TO YOUR FOREST

Children from Dalry & Kells Primary Schools will take part in a range of activities, linked to ecology, biodiversity and science as well as meeting a cryptozoologist/storyteller, introducing the community woodland and fostering a sense of curiosity and love of the natural world.

Format: Schools will visit the site, not a public event.

7TH SEP 6-7:30PM - LIFE AS A SQUIRREL OR PINE MARTEN

Glenkens Red Squirrel Group and Dumfries and Galloway Pine Martin Group will share their knowledge of Red Squirrels and Pine Martins on the Muirdrochwood Forest site. Hear about their habitat, life and behaviour.

Format: In-Person public event, booked via Eventbrite

14TH SEP 6-7:30PM -WHAT IS THE DIFFERENCE BETWEEN FUNGI AND MUSHROOMS. AND WHAT CAN YOU EAT?

Join Peter Norman from the South West Scotland Environmental Information Centre (SWSEIC) to find out more about the diversity of Fungi within the forest and the function it performs in its biodiversity.

Format: In person event, book via Eventbrite.

Bookings for Public events handled through www.eventbrite.co.uk, search for 'Galloway Glens'

















Regional Land Use Partnerships

After the fantastic reception last issue's Land Use Focus received within our communities, we are delighted to report that the Glenkens has been selected as one of two areas to take part in a community engagement project linked to the pilot Regional Land Use Partnership (RLUP) being created for the South of Scotland.

The SoS RLUP seeks to bring together all of the people and organisations with an interest in land use in order to create a Regional Land Use Framework by the end of 2023 that will 'prioritise land use change that delivers climate change objectives and improves biodiversity'.

The community learning programme linked to the RLUP is designed to help communities get their voice heard in this process, as a key stakeholder.

The programme, run by the Social Enterprise Academy, will start with two webinars entitled 'Lighting a Spark' on the 25 and 30 August. These events are open to RLUP residents from across Scotland, and present an opportunity to learn from inspirational land use speakers and share ideas on how local land is used.

The programme will continue with six online sessions just for the Glenkens communities and a final in-person 'connecting with the RLUP' meeting.

These will start at the end of September and continue to the end of November. The plan for these is to bring the community and other key stakeholders together for constructive discussions about how to move forward to a place where national and local interests are balanced and all voices are heard. The feedback will then inform how the regionwide RLUP can also achieve these aims on a larger scale.

As we know, time is of the essence for the Glenkens with respect to land use change, but this chance to engage with the RLUP mechanism can only help us get our voices heard.

The webinars and community sessions

will be open to all, and as wide a range of people as possible are welcome. If you have a view on land use in the Glenkens – from forestry, farming and wind farms to mining, flood prevention and biodiversity – or if you have no view but would like to know more, look out for more information on all these sessions and please participate. You can help to give the Glenkens a voice in this key conversation that affects us all.

See page opposite for details of how to participate in the community learning programme.



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REGIONAL LAND USE PARTNERSHIPS' COMMUNITY LEARNING PROGRAMME

Lighting a Spark

25 & 30 AUGUST 2022 | 2 ONLINE WEBINARS

· Learn from inspirational land use speakers from across Scotland

Following these introductory webinars, the programme will deliver a series of online sessions with local communities in four pilot Regional Land Use Partnership areas to:

- · Explore ways to help tackle climate change and encourage wildlife through land use change
- Identify sustainable land-based opportunities for local people though open and collaborative sessions
- Give voice to communities' needs and wishes by developing a shared vision for future land use

To register, please scan the above QR code.

For more information please contact Janet Bromham, Project Manager, janet@socialenterprise.academy









Meikle Millyea Curiosities

The Ordnance Survey Name Book of 1849 mentions a large and irregularly shaped stone situated near the centre of Meikle Lump on the north-east side of Meikle Millyea.

It declares that it was one of the most noticeable 'rocking stones' in the south of Scotland, having been so nicely poised that a slight wind put it in motion. It adds: "By some mischance or other it has lost its equilibrium and has not rocked any these many years past." Some visitors fooling around had clearly knocked it off its rocker!

It would seem that it was a popular late 18th century tourist attraction while still able to rock in the wind. Francis Grose climbed up to it in 1790 and produced a fine drawing of it which was later published in his 1797 book The Antiquities of Scotland. He called it the Laggan Stone and wrote: "This huge stone, which is so poised as to be moveable with a small exertion of force, stands near the summit of a high ridge of mountains, called the Kells Rins. The particular hill on which it is situated is called Mullae, and the stone itself is called the Mickle Lump; near it is a small pool of water which covers about half a rood of land. The dimensions of this stone are, its greatest length eight feet nine inches, its height five feet one inch and a half, its circumference twenty-two feet nine inches."

He may have been wrong in also giving the stone the name "the Meikle Lump", as later this name was given to the ridge on which the stone lies. On the other hand this may have been a local name for the large stone. I climbed up to see if I could locate it a few weeks ago and I am sure I found it at grid reference NX 52739 83567; it certainly seems to be the right shape (see photo). However, given the dimensions of the stone Grose gives, I would judge that the figures he places alongside the stone are too small - and

the pool of water adjacent to the stone is much smaller than half a rood.

Just below the ridge on which the former rocking stone stands, and nestled into the hill just south of the dyke, is the remains of a small dwelling. Simpson in his 1841 book *Traditions of the Covenanters* recounts the adventures and close calls that covenanter Roger

Gordon of Largmore had as he tried to avoid capture by the government soldiers. Simpson writes the following, referring to a time Roger escaped from the dragoons one night when they surprised him at Largmore: "He then repaired, with all convenient speed, to his accustomed hiding-place in one of the lofty ranges of the Galloway mountains, called the Mill or Meaul ae. A place of greater solitude than this can scarcely be found, and a retreat which, in the night season, it was impossible for the troopers to find."

His name for the mountain is a bit garbled, and to my mind this is clear evidence that he was attempting to write down stories that had been shared with him orally; but I'm sure he is referring to Meikle Millyea. Roger held Clenrie as well so it would make sense that he might have built a refuge on the higher reaches of his own land where he would have been unlikely to have been troubled by soldiers. In 2020, when

climbing the mountain with the family, I came upon the ruins of this small building high, high up on the shoulder of the mountain. I only noticed the ruin when I was almost upon it, and he would have likely camouflaged it with heather and have given it a turf roof so that it would have been even less visible in those days.





Top: Francis Grose's 1790 drawing of the rocking stone. Middle: recent photograph of the Rocking Stone. Above: suggested covenanter refuge.

If this is indeed Roger's shelter, it could well be that he built it not far from the Rocking Stone because the latter was well known to local folk and it would have helped his fugitive friends to find the shelter and join him there. You can find it at grid reference NX 52963 83404.

David Bartholomew













The Optimistic Environmentalist Making the Most of Our Food and Garden: Part 1

Around a third of food produced in the world per year (about 1.3 billion tonnes) is thrown away.

Use-by dates are there for safety - eat until and on the date shown but not after or it could be unsafe. Best before date, sometimes shown BBE (best before end) shows the date that the manufacturer says the quality of the food will be maintained; it does not mean that food is unsafe to eat after this date and the food will often still be good enough to eat so don't automatically throw it away without checking it.

Try not to get too enthusiastic and over-buy food, only to throw it away because you didn't get around to eating it. Don't just bin it - compost it; preferably either in your garden or a neighbour's or friend's. Just remember that no meat or dairy produce should be composted, and neither should anything that has been cooked. According to the Royal Horticultural Society, every 1kg of home-made compost saves over 100g fossil CO2 emission - most non-organic nitrogen fertilizer is made from fossil gas. So try to use natural products like manure, chicken pellets or home compost. Using home compost can save more than 5.1kg per gardener every year, not to mention the goodness you can put back into your

When weaning your baby, use fresh food or a small amount of your meal; liquidise it and put in ice cube trays and freeze. You can then heat up as many cubes as you need so your baby can have an appropriately sized meal with a variety of tastes in it. As well as this being cheaper, it saves packaging from single-use jars or cartons of food,

garden or someone else's.

prevents too much waste from uneaten parts of jars, etc, and it is usually healthier. Baby foods are notorious for having a high sugar content.

Whilst different sources quote different figures, between 50% and 80% of food consumed in the UK is imported. The differences seem to hinge on, for example, whether tea that is processed in the UK (but grown overseas) is an import or not! Importing food and repackaging it in the UK is common. Thus, eat seasonal food that is locally sourced, as much as possible, if not at least from Scotland or the UK. This should mean that the food is fresher when you get it and is therefore richer in vitamins, eg vitamin C breaks down over time. More local seasonal food will generally keep the carbon emissions lower than if the food is forced out of season in heated greenhouses or has travelled a long way.

Expand the variety of local fruit and veg that you have by exchanging food with friends and neighbours.

Have a go at growing what you can; it often tastes better and could give you a sense of satisfaction or interest in your food (it's particularly important for children to understand where their food comes from and how much effort goes into growing it).

When growing fruit and veg, plant a variety so that you spread out your crops throughout a season and have a variety of crop types. For instance, potatoes can be early, mid or late season, salads can be grown in winter as well as summer, different berries, raspberries and apples, etc, crop at different times. Learn how to make the most of these crops by storing them,

eg apples in cool dark places wrapped in paper, or preserving fruit and veg in jams, chutneys or carefully frozen. Christmas dinner with home-made red currant jelly made from garden-grown fruit is a joy, and have you tried white currants (which I've never seen for sale in a supermarket) with a dash of sugar on pancakes? You will never look back!

Use herbs to make flavours more exciting. They can be grown in pots in the kitchen or plant them in the garden preferably near to the house for easy access.

Expand the variety of local fruit and veg that you have by exchanging food with friends and neighbours. Set up a food network to exchange spare or unwanted fresh, tinned or packeted ingredients or full dishes to reduce waste - you may even experience foods or dishes that you haven't had before. Some people are better at

growing certain crops or have a particularly large crop of something that they can't use. For instance, when we lived in Yorkshire, for a number of years we got blight on tomatoes, either in the garden or in the greenhouse, so whilst Richard can grow them well elsewhere, we just could not grow them there; however, we never had

carrot fly as we lived high up where it was windy, so our carrot crop was great - good for exchanging the excess. Some networks around the UK swap food and jobs, eg someone will make a loaf of bread for some potatoes, someone would take a dog for a walk while someone makes a rhubarb chutney or apple and blackberry crumble maybe with fruit from their garden.

If time, space or money are at a premium, think about growing fruit rather than veg. Veg growing can be hard work whilst most fruit plants, once established, will grow and produce fruit for years - often even with abject neglect.

Denise MacDonald-Kiernan



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Colourful Times at Dalry Primary School

Dalry Primary school children had a fun afternoon experimenting with natural dyes.

Children from the P3/4/5 class got an option to choose an exciting activity during one of their Friday afternoon '31Time' sessions when they had a visit from Miriam, of Midge Porter Design. Miriam explained how natural dyes are sourced, processed and applied after which the children got to dip-dye their own wool yarn and fabric samples.

Using extracts from common household foods such as red cabbage, tea, and onion skins, the children also used dyes from flowers and tree barks. Miriam then explained how by altering the pH of the dye bath it was possible to change the dye colours, sometimes quite significantly. Using vinegar and bicarbonate the children were amazed as the dye colours changed before their eyes! One of the children wanted to go straight home and dye some wool from the sheep on his family farm.

Miriam took the dyed samples home to rinse and dry them before returning to show the children the range of colours they had achieved. Then followed a crafting session where the children had a go at crocheting, weaving and sewing using the wool fabric and yarn samples.

It was all great fun and the enthusiasm of the children was wonderful to see. There was a suggestion of trying tiedyeing next time!

The dyeing session was very kindly funded by a grant award from the Glenkens Community shop in Dalry.

Pictured: above right pupils amazed by colour changes created in the dying process. Right - the finished colours of yarn.







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Dalry Secondary School Trip

Dalry Secondary School enjoyed a whole-school trip to Kirkcudbright in June, including our new S1s who were on their transition visit to the school that day.



We set off from Dalry at 9am, arriving in Kirkcudbright just before 10am when we split into two groups - S1/2 went to visit the Dark Sky Centre whilst S3/4 went to investigate the Viking Hoard at Kirkcudbright Galleries. After an hour and a half there was a short break and then we swapped venues.

At Kirkcudbright Galleries we had the opportunity to find out more about the Viking Hoard – how it was discovered and the information it revealed - as well as an opportunity to handle replica objects before visiting the exhibition to see the real thing! This was followed by a session writing our names in the anglo saxon runic alphabet, creating lino cuts of these before printing them.

The Dark Sky Centre enabled us to explore the past, present and future all in one place - an out of this world experience! We could be star-gazers, astronauts, scientists, explorers and in the planetarium we journeyed into space together; quite a shock to come back down to earth and adjust to the bright sunshine outside.

Pupils and staff enjoyed a picnic lunch in the Soaperie Gardens and a quick explore of the town before heading back



to Dalry. We had a thoroughly enjoyable day - our first whole school trip since 2019 - and our thanks go to everyone involved for giving us such a good time.

Sue St Joseph

Pictured: left - Brodie star-gazing. Above - teachers Mr Collins and Mrs Johnston play at being astrronauts (photo by Laya McCallie, S2).

Young Athletes Show Prowess

Dalry Secondary School's sports day showed the prowess of lots of the Glenkens' young athletes.

Overall Sports Champion of the day was Charlie Moore, who won the Carmichael Cup after a strong showing in a number of events. Dante Newbery collected the Goodwin Shield on behalf of Goodwin House after his own strong performance.

A big well done to both boys as well as all the other participants for making it a competitive and enjoyable event. A "thank you" also goes to staff for helping with the running of events.

Four of our pupils competed for Dalry at the Regional Athletics Competition - Charlie Moore in the 100 metres and long jump, Crawford King in the shot put, Oscar Benson in the 100 metres and long jump and Karol McDonald in the 800 metres. As always the boys were a credit to the school.

Liam Fleming

Pictured: Top right - (left to right) Charlie Moore (S2), Crawford King (S3) and Oscar Benson (S1). Bottom right - Dante Newbery with the Goodwin Shield and Charlie Moore with the Carmichael Cup.











We have a

Self Service Laundrette behind the community shop

Open 8am to 5pm Monday to Saturday and from 9am to 3pm on Sundays

Uncovering the Secrets of Scotland's Only Industrial Ghost Town

Hidden in the hills near to Carsphairn are the remains of an entire mining village built at Woodhead in the 1830s - deemed as Scotland's only example of an industrial 'ghost town'.

The site of Woodhead lead mine was operational from 1838 till 1873 under the control of a reputably philanthropic landowner, Colonel MacAdam Cathcart. It is a rare example of a 'total production' unit in Scotland, using the cutting-edge equipment of the time to carry out all the processes of lead production from mining the ore through to exporting high quality lead pigs and even some silver. The machinery was powered by water and water alone, with a myriad of lades still traceable across the site.

In the 1840s, Woodhead was producing up to 900 tons of lead a year. And for every ton of lead, they were also getting around 18 ounces of silver: enough for the Colonel's wife to make communion cups from it for donation to the local church. The smelted lead was carried by horse-drawn carts up for storage in Dalmellington, before being taken to Ayr for sale and shipment.

Alongside this fully integrated mining complex, Cathcart also constructed a 'model village' to house the miners and their families, with a school and library



Some of the ruins at Woodhead, photographed by Will Dunbar.

to educate their children. By 1851 there was a population of 301 staying in the village, pulling in mainly skilled miners from Wanlockhead and Leadhills. As the mine's output started to fall dramatically throughout the 1850s however, the miners started to leave. Some went to Dalmellington, while others headed further afield to mines in America and Australia. The mine closed in 1873, but some of the housing remained in use for self-employed forestry workers until as late as the mid-1950s.

Today, the site survives as a complex of ruinous structures spread out across a hillside to the northwest of Carsphairn. And its significance is recognisable in its designation as a legally protected scheduled monument.

Following in the footsteps of earlier surveys carried out in 2002 and 2008, Can You Dig It, the community archaeology project of the Galloway Glens Landscape Partnership, is leading

a group of volunteers to undertake a historic building survey of some of the upstanding structures. Joined by local historian Anna Campbell, Can You Dig It will train volunteers on how to create detailed photographic and written records which will further add to our knowledge of this site before any more is lost

Woodhead is unique in Scotland with the remains of a planned village, metal mine and smelt mill, and this site with its combination of social and industrial archaeology may be the country's only example of an industrial ghost town. For many years there has been a call for more detailed archaeological research of the site and the Galloway Glens' Can You Dig It project is taking up the challenge.

To find out more, or get involved, visit www.gallowayglens.org/projects/community-archaeology-programme-can-you-dig-it

BEM for Community Service

This year Debbie
Murdoch, who ran
the Balmaclellan shop
during the pandemic,
received a British
Empire Medal (BEM) in
recognition of her work
for the community.

Balmaclellan residents wanted Debbie to receive the recognition they felt she deserved for all her hard work and support of members of the community during coronavirus pandemic. Debbie said: "I feel very honoured and proud to have been awarded my BEM, I have thoroughly enjoyed being a big part of the community and miss everyone dearly. I didn't feel I was doing anything special, so it was a huge shock."

Pictured: Debbie
Murdoch being
presented with her BEM
by HM Lord Lieutenant
of the Stewartry, Lord
Sinclair,



WARS, ALLIES AND REFUGEES

Apologies for this simplistic summary of history, but I thought that shifting allegiances make an interesting tale...

The battle of Waterloo was fought in 1815, where Britain and our allies Germany defeated the French. A memorial to the battle and our allegiance with Germany stands proudly on a hill above New Abbey.

The oldest civic war memorial in Scotland is in Balmaclellan. It records five men from the parish who died in the Crimean War (1853–1856) where Britain was allied with the French (our former enemy) against the Russians.

Moving forward to the first World War (1914–1918), now we are again allied with the French, this time against our former ally Germany. During this period, refugees from Belgium came to the UK and one family at least found refuge in a house in New Galloway (I would be

pleased to receive information about the refugees in New Galloway if any readers have any). Russia (formerly our enemy) now became our ally and fought against the Germans although Russia left the war early (in 1917) to deal with their own internal problems.

In the second world war (1939–1945) we were again allied with the French (former enemies) and the Russians (former enemies) against the Germans (former allies). Ukraine was partly occupied by Germany and partly by Russia at this time, and Ukrainians who fell into the hands of the British were put into prison of war camps if they had been forced into the German army, or handed back to the Russians if they had been conscripted into the Russian army.

Ukrainian prisoners of war (ex-German army) were put into a prison camp near Lockerbie. They were treated well and many settled there after the war as they did not want to go back to Ukraine under Russian occupation. There is still a Ukrainian chapel on the site of the POW camp and a significant number of locals can claim Ukrainian descent.

Of course there were refugees in the Glenkens in the form of evacuees and records show that there were eighty evacuee children on the roll of Dalry school in 1940.

Now move forward to 2014. Britain, France and Germany (who have all fought each other at one time or another) are all members of NATO and therefore allies. Ukraine is now an independent country whose independence was agreed by Russia when the Soviet Union broke up in 1991. But Russia now invades Crimea (which is part of Ukraine).

Finally, to the present day. Russia has invaded other parts of Ukraine (whose independence it guaranteed) and refugees are fleeing Ukraine in large numbers to find (hopefully temporary) homes, across Europe. Some of these refugees have now found places of safety in the Glenkens.

Whatever the shifting allegiances of the great powers; whatever the occupation of one country by another; the Glenkens provides a place of refuge in time of need. *Paul Goodwin*

Ten Thousand Years in a Day

Who were the travellers riding over the site of your garden? Who were these armed bands camping in the valley you see from your window, or the people hunting wild cattle where today you go shopping?

Who were here, in our daily places, in the deep deep past?

Since the glaciers melted over 10,000 years ago, many peoples have lived in what we know as Galloway. Now, in an ambitious day of discovery, the Glenkens Story history group is staging the *Early Peoples of Galloway* conference, bringing together eight experts to describe the people who lived here and the worlds they inhabited, from the retreat of the ice until the year 1000 AD.

The first to arrive were hunter gatherers and fishers with tools and weapons of wood and stone, moving from camp to camp as the seasons changed. Slowly they gave way to farmers keeping animals and growing crops in settled communities.

Builders of stone circles and burial chambers reflected changing religious practices and beliefs. Successive waves of immigrants left their traces in rock art or the remains of hut circles. Then came artisans, often far-travelled - working with bronze and later with iron. Smiths forged art in precious metals. Defence, and prestige, required crannogs and hilltop fortifications.

Romans left traces of great camps and fragments of forts. Missionaries brought Christianity and created the splendours of Whithorn and carved stone crosses. They attracted the pilgrims who joined the travellers and merchants and invaders, often from faraway places. They left many traces of their lives and as many puzzles and mysteries. The 9th century Galloway Hoard, discovered in the last decade, with its diversity of artefacts and far-flung connections, well illustrates the complex story of peoples who have lived on this land before us.

Join us at the Early Peoples of Galloway conference at the CatStrand on Saturday 3 September (10am to 4pm) and discover "ten thousand years of history in a day".

Visit https://gcat.scot/event/the-glenkens-story-the-early-peoples-of-

galloway for the full programme and to make a booking, or call 01644 420 374. Tickets £30 (Students £20) for the full day including coffee and buffet lunch.

Mike Brown & Michael Ansell, The Glenkens Story

News Flash Overcoming

Hurdles at New Galloway Town Hall

The discovery of some dry rot at the head of the main staircase caused great consternation - just as Local Initiatives in New Galloway (LING) were on the point of taking ownership from D&G Council.

At this point in time, however, we are optimistic that asset transfer can proceed on the understanding that the council will act urgently to rectify the matter at no cost to us. Even better, we are advised that the hall is safe to use as long as we close off the main staircase and make use of the back stairs. The Upper Hall will operate on restricted numbers until such time as both exits are available again.

LING Trustees

GLENKENS PLACE-NAMES: PART XVII

Personal names are sometimes found in our Glenkens place-names.

There is a peculiar set of these in the valley of the Blackwater of Dee, apparently commemorating one individual.

Boddon's Folly is shown on the OS 1st edition map of 1852 as already in ruins. It was located south-east of Loch Stroan near Red Scar Island in the Dee and is now engulfed in conifer forestry. The OS Name-Book entry for this location (OS1/20/81/51) states:

The ruins of a house on the farm of Bennan it was built by a man named Boddon who occupied about eight acres of moorland by a sublet contract off the farm of Bennan, the speculation of his building a house on so small a quantity of barren moorland was looked upon as a foolish speculation which finally became

a failure, it is now a roofless ruin and known by the given name.

A well-known and signposted spot on the Raiders' Road between Bennan and Laggan o'

Dee is Boddon's Island. This is situated about 600m upstream from the deserted clachan called Clachrum (*An Clach-Dhruim* - 'the stone ridge') just south of a rise in the ground known as Knowe Happle (for *Cnoc a' Chapaill* - 'hill of the horse'). The OS Name-Book entry for this location (OS1/20/81/32) states:

A small island in the Black Water of Dee belonging to the farm of Gairloch – this island was rented by a man called Boddon, hence its name.

Gairloch is probably from *An Geàrr Log*- 'the short hollow'. Much further up the
Black Water of Dee, about a kilometre
from the outlet of Loch Dee, are Boddon's
Steps. This crossing over the Dee is quite

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VISITORS AND NEW MEMBERS WELCOME

close to a marked bend in the river called the Loop of Lanebreddon (*Lòin Bradan* - 'salmon burn'). The ford appears to be partly formed from an island in the river there. OS Name-Book entry for this location (OS1/20/48/4) states:

A stoney ford across the Black Water of Dee. Situate a little west of the conflux of Curnelloch Burn. A man called Boddon was drowned in it, hence the name.

It seems as though these names are commemorating an individual called Boddon, who appears to have had a particular connection with islands in the Black Water of Dee. Are there any other clues to his identity? Well, a Helen Boddon is recorded in the census of 1841 in the parish of Kells - presumably she was connected to the Boddon in our place-names - and a Robina Boddon died age 81 at Dalry in 1919. The family name is unusual in Scotland and the Boddon family is not now present locally, to my knowledge?

'descendant of Buadán (an ancient Irish personal name, older form Buatán); an old Ossory surname' in his book *Irish Names and Surnames*, 1923. The *Oxford Dictionary of Family Names of Ireland (Muhr and Ó hAisbéil 2021)* suggests this name was possibly derived from the Gaelic word *buad* - 'talent, victory'. Early bearers of the name include Donochow (Donnchadh) O Bodan in 1599.

In his book *A Dictionary of Irish Saints* Pádraig Ó Riain mentions (pp 85-90) several early saints of the name Baodán. He comments that the name assumed many forms including Baoide, Baoithín, Baoth, Dobhaodóg and Buadán. He derived this name from Gaelic *baoth*, now meaning foolish but historically denoting someone innocent or quileless.

The saints of this name (or variants thereof) are listed as:
Baodán of Cluain Annobhair, Kildare
Baodán of Cluain Mac Nóis, Offaly
Baodán of Lann Léire, Louth

It seems as though these names are commemorating an individual called Boddon, who appears to have had a particular connection with islands in the Black Water of Dee. Are there any other clues to his identity?

George Black in his magisterial book *The Surnames of Scotland* mentions the surname Bodden. It is instructive that all his examples of this name come from Kirkcudbrightshire, one Gilbert Boddane witnessing an instrument of sasine at Bordland of Laik in 1552, John and William Boddane recorded as masters of families in Buittle in 1684 and John Boddane recorded in a place called Meiklehalf in 1688. Boddane/Boddan seems very much to have been a Galloway surname.

Black goes on to speculate that the surname might derive from the lands of Bowden in Roxburghshire but notes that all the instances of the name are from Kirkcudbrightshire, implying doubt.

Donald McWhannell, in the book *Galloway: The Lost Provice of Gaelic Scotland* (forthcoming) mentions that the late 13th Century Ragman Roll contains the seal of one Patricii d'Gilboian or Gilbochyn (*Mac Giolla Baoithein -* 'son of the servant of Baoithen') along with another seal of Patricii mak G——, also given as MacGilboian. This is a Galloway name meaning 'son of the devotee of (Saint) Baoithen'

Given the Galloway provinance of the Boddane surname a Gaelic origin alternative derivation should be considered. The Rev Patrick Woulfe mentions the name Ó Buadain Baodán of Ceall Ua Scóba, Galway Baodán of Meathas Truim, Longford Baodán of Rubha Baodáin, Kildare Baoithín of Inis Baoithín, Wicklow Baoithín of Iona,

a close blood relation of St. Columba, his alumnus and constant companion. Baoithín of Teach Baoithín, Westmeath.

So it seems that the unfortunate Boddan of the Black Water of Dee placenames, who perhaps was ruined when his holding failed and drowned further up the river, may have been a representative of an old Galloway and Glenkens family of Ó Buadain or Mac Giolla Baoithein.

If the analysis above is correct then we may add Boddan to the considerable list of local Gaelic family names such as the incomplete sample below:

Sloan, *Ua Sluagháin*Agnew, *Ua Gnímh*Adair, *Ua Dáire*Carson, *Acarson, Ua Crosáin*Acoueltan, *Ua Comhaltáin*Ahannay, *Hannay, Ua hAnnaigh* or Ó hÉanna (?)
Milligan, *Amuligane, Ua Maolagáin*Cannan, *Ua Canannáin*Heron, *Ua hEaráin* or *Ua hEaradháin* (?)
Roan, *Ua Ruain*

Ua means 'grandson' or more generally 'descendant of'. It manifests itself in Irish surnames as O' or A. In Galloway it was usually anglicised as A as in Acarson, Aheron, etc. Over time the A prefix dropped out of use in the anglicised form of the names.

Michael Ansell, Cars Fèarna

THE KEN BRIDGE STORY

The River Ken defines the Glenkens: it also divides it.

Crossing the often turbulent Ken safely and reliably has preoccupied local people and travellers for centuries. Success finally came in 1822 with the opening of John Rennie's magnificent 5-arch granite bridge which is being commemorated this year.

As part of the the Ken Bridge bicentenary celebrations (see p9), the Glenkens Story is presenting Crossing the Ken: Bridges, Fords and Ferries on the afternoon of Saturday 24 September. It will set the scene by describing the state of communications in the Glenkens before the completion of the bridge and the haphazard reliance on fords and ferries and bridges that washed away. Our guest speaker, L Bruce Keith, will then take up the story of Rennie and the bridge of 1822.

"John Rennie, an East Lothian farmer's son, was a stalwart of the Scottish Enlightenment," says Bruce, who is the author of *Bridgescapes*, the recently published story of Scotland's bridge building heritage. "He was one of several eminent Scottish engineers whose genius, coupled with attention to detail and practical intuition, produced a legacy of outstanding bridges.

Scotland'.'

"Rennie's Waterloo Bridge in London was acclaimed when it opened as 'the noblest bridge in all the world'. Although it was replaced last century we can still gaze in wonder and pride at many of his surviving bridges including, in southern Scotland, those at Kelso, Musselburgh and Newton Stewart. The Ken Bridge, one of his final commissions before he died in 1821, is A-listed and has been described as 'an architectural gem, one of the

Bruce will describe the challenges the Ken crossing posed and how Rennie and the men who worked with him overcame them - at the second attempt.

most elegant bridges in south-west

In other contributions, Archie McConnel of the Dumfries Area Mapping Project and David Bartholomew will describe the earlier river crossings and Michael Ansell will discuss folk memories and local tales of the bridge.





L Bruce Keith, historian of Scotland's bridges, will speak at the Glenkens Story event on 24 September.

Share the stories of our famous bridge at the CatStrand 2-4pm on Saturday 24 September - tickets are £12 from www.gcat.scot or phone 01644 420 374).

Post-Covid Fun for Cub Scouts

We started our pack meetings in April, following the awful Covid pandemic, and Leaders were delighted to welcome Cub Scouts from all over the Glenkens.

We were off to a flying start with a scavenger hunt, and then we had lots of platinum jubilee activities. The Cubs made and posted beautiful celebratory cards to Her Majesty and crowns were decorated for a celebratory banquet.

The jubilee banquet was great fun, with Cubs dressing up in their best clothes, enjoying a table laden with goodies generously provided by parents. We were delighted when Drew Low, our Galloway Area President for the Scouts, joined us at the banquet.

Always a favourite activity for the youngsters is a sausage sizzle, which went down a treat as usual. There were of course some sausages burnt, some

half-cooked and sent back for finishing off, and some covered in ash, but the kids had a great time, finishing off with toasted marshmallows.

On the final night before the holidays, the Cubs were challenged to make a model boat and we took them over to the park to sail them in the burn. A few Cubs got a bit drookit by the end

but never the less great fun was had!
Hannah, Doug and I would like to
welcome on board Ben Wells, a young
Leader who has joined the team. Ben
recently moved to Balmaclellan from
Kent, and has already made an impact in

On a sad note, we say farewell to Heidi, who has been our group treasurer for many years, as well as all the extras she did for us - we appreciated her time very much, and wish her and her husband



David well in their next venture - "Good luck" and "thank you".

We are having a table-top sale at the Alternative Games on 7 August – if you have any toys, jigsaws, bric-a-brac, children's books, teddies, etc that you would care to donate, please hand them in to Heather.

rtner. Yours in Scouting, Heather, Hannah, Doug and Ben

Pictured are Cubs decked out in their finery, enjoying the jubilee banquet.

Glenkens Freecycle nature

natural powe

If you would like to list something on this page, please get in touch on 07727 127 997 or glenkensgazette@hotmail.co.uk

FREE

Footjoy golf shoes, black, size 9. Good condition, just outgrown them. Contact: Nigel on 07774 778 872

Four single beds. Contact 01644 430 380

Modern oak headboard for single bed, pine dressing table and stool, 3 mismatched bedside tables. All been stored in garage so need painting, varnishing or waxing. Contact: Alan on 07769 680 938

Horse manure, rotted and fresh, no weed killers used. Dig your own from a large heap, bring sacks or trailer. Contact: 07889 229 340

WANTED

Double bed size divan base with drawers. Contact: 01644 460 673

Miniature Painting. By mistake I gave away a miniature painting on an easel to the Dalry Charity Shop. It's only about two inches high. Did you by chance buy such a painting from the shop in April?

I would dearly love to have it back as it was painted by a relative. Cost reimbursed plus a reward and my undying thanks. Contact: Paul on 07973 174 342

Chest freezer. Contact: Tony on 07507 704 821

Old lawn mowers/strimmers/ other small machinery. Non-runners/broken welcome. Contact: 07845 562 217

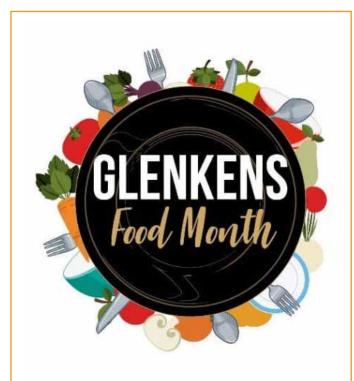
King size mattress, 2-seater sofa, water butt, outdoor bench, outdoor table & chairs. Contact: Sarah on 07453 858 505 or saraheathomas@gmail.com

HOME WANTED IN THE GLENKENS

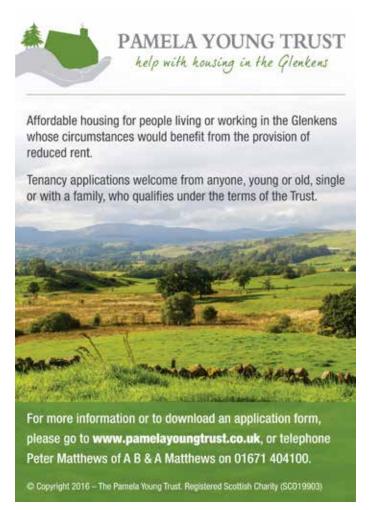
We are seeking to buy a home with 2-3 bedrooms and 3-5 acres of land, somewhere in the Glenkens.

Anywhere and any condition considered - please help us to stay in the Glenkens!

Contact: Abi and Bruce on 07340 531506 or abi@mordin.net



September 2022 *Celebrating our Local Food*



Eco Feature sponsored by



eBike Rental Scheme Takes Off

The Galloway Community Transport (GCT) eBike rental scheme has got off to a great start with lots of Glenkens residents taking advantage of the opportunity to tour our beautiful countryside with a bit of extra assistance.

The bikes are very easy to use, and Jon from GCT will give each new member of the eBike club a full induction into how to use them.

As a membership scheme, the project is designed to show people the benefits of ebike riding for their health and for the environment, and it is open to everyone in the Glenkens.

Ebike riding is really a lot of fun and

suits all ages and fitness levels - so if the hills of Galloway have stopped you getting out and about on your bike, this could be perfect for you. Why not find a friend and give it a go!

Thanks as ever to our funders, Cycling Scotland and the Energy Saving Trust, for their support in purchasing these bikes and allowing us to offer this scheme to the Glenkens.

The cost is £20 to join for the year, and then a day's rental of the bikes is currently just £2 - an introductory price, thanks to our funding for the scheme.

So what are you waiting for? Get in touch with Jon at jon@ catstrand.com and come and have a go!

Pictured: GCT eBike scheme members getting to grips with the bikes outside CatStrand in New Galloway - photo by Ian Biggar.





t: 01292 550954

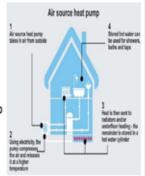
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Barwhillanty Garden

Barwhillanty Estate welcomed visitors for an open garden event in May.

"It was a wonderful celebration of nature, the outdoors and bringing people together showcased sunshine, artisan pizzas, yoga on the lawn and a taste of aerial yoga to finish," said estate owner Oscar Yerburgh.

Joining the move towards local food production, Barwhillanty is offering home-grown veg boxes. Collection is every Thursday from the Estate Office, from 2-4pm, and you can order online at www. barwhillantyestate.co.uk

Pictured is a selection of some of the homegrown goodies available.



SEASONAL LOCAL FOOD PROMOTES BETTER HEALTH

Our lifestyle can affect between 70-90% of our health outcomes.

Our genes only account for 10-30% of our health, depending on which diseases we may succumb to. What we eat is one of these lifestyle factors. A balanced diet, limiting ultra-processed foods and focusing on real, whole foods with lots of plants can make the difference between good or poor health. This can work whatever way of eating you subscribe to, from vegan through to carnivores.

Changing how we think about food, and buying from local producers, can alter our eating behaviour to benefit our health. It doesn't have to be at the expense of our enjoyment of food - far from it. We can appreciate food more which tastes delicious and we know the provenance of. Here are four reasons to eat local, in-season food!

Fresh tastes best

Locally grown fruit and vegetables, harvested within 48 hours, taste better. Happy meat and dairy animals, reared on conservation-led farms, grazed outside in diverse grassland, have a more delicious and intense flavour. If it tastes better, you'll likely eat more of this good produce, and not want any of those ultraprocessed foods.

More nutrients for your money

Ripe and fresh fruits and vegetables contain the most nutrients. The minute they are picked, their plant cells begin to shrink and their nutrients diminish. Supermarket produce is grown and processed with its shelf life in mind, and not its nutritional benefits. These products are picked early, when nutrient load is lower, and then transported long distances and stored for weeks, and sometimes months, before arriving on supermarket shelves.

What farm animals are fed on, you eat too, in their meat, dairy or egg produce.

When they have access to natural crops, grown in healthy soil, they eat more nutrients. This improves the nutritional value of the finished produce.

Mother nature knows best

Farmers can only grow what their local conditions will support. Before transporting goods over long distances became commonplace, we had no option but to eat seasonally. As a result, we based our meal choices on the ingredients we had available. Luckily, the natural cycle of produce is perfectly designed to support our health. Building a lifestyle around seasonal food supports the body's natural healing processes. Abundant leafy greens in spring, help our bodies detox after a winter of pickled veg and cooked carbohydrate and protein rich foods. While in summer, water-dense fruits like berries, tomatoes and cucumber keep us hydrated. Nature knows best and provides us with what our body needs.

Follow the diversity diet

Eating seasonal local food helps to achieve a diverse diet. Assortment in our diet, especially when eating plants, is crucial for our gut health and therefore our overall physical and mental health. To do this, we need to opt for a wider range of plant varieties and heritage stock that are not available in supermarkets, but our local farmers do provide. Our foraging and hunting ancestors used to eat hundreds of different plants and animals. Now, we only consume around 0.1% of the possible edible plants on the planet. The latest science encourages us to eat at least 30 different plants per week. However, I would like to challenge you to eat 300 different plants in a year!

How can you get access to great local products? Firstly, I'd encourage you to grow your own, as you'll also get the benefits that gardening brings. Local



Longevity coach Lesley Atkins enjoying a bowl of home-grown strawberries.

seed and plant swaps can get your collection going. Secondly, Hidden Veg and the Glenkens Food Hub online are great places to shop. Local markets also give you the chance to speak directly with producers, you can ask what varieties they are growing and check if they are using sustainable and organic methods.

Lesley Atkins

Lesley Atkins is a Glenkensbased health & longevity coach at The Nourishing Space - www. thenourishingspace.com



The Nourishing Space
Holistic Health Coaching

Youth Players Make the Scottish Final

Since the very beginning, although we have had great successes at the district and divisional rounds, the CatStrand Players and Youth Players have never made it to a Scottish Final - ever.

But at last, after six very long, sometimes stressful but very enjoyable months, the CatStrand Youth Players finally made it to the SCDA Youth Final 2022.

From start to finish with our production of 'Lockdown' by Douglas Craven, myself, Brian and the entire cast and crew have loved every single second, and to get to a Scottish final for the first time ever was the icing on the cake!

After winning the Western Final at Dunoon in March, it seemed a long wait until the big final but the date soon rolled around and we set off to the Regal Theatre in Bathgate, where we were up against two other competing teams.

Representing the Northern Division was Blairgowrie Youth with their performance of 'Down Came the Rain' by Burgess Clark, and from the Eastern Division was St Kentigern's Academy Youth Theatre with their play 'Platform Party' by Alan Richardson.

All three plays, while being so

different in topic and direction, were enjoyable and interesting pieces of theatre. The adjudicator for the final was the experienced Alasdair Hawthorn, and he said that he thoroughly enjoyed all three productions and was extremely impressed with the high standards from all of them, each one ably demonstrating why they were all worthy of their place in the final.

Unfortunately, there could only be one winner at the end of the day and he awarded first place

to Blairgowrie Youth Players for their poignant performance of 'Down Came the Rain'. It was an excellent piece of theatre and they were certainly worthy winners, and we were absolutely delighted to come a close second!

The adjudicator really enjoyed our play, saying that he liked how the tension built up and he could really sense it spreading through the audience. All in all, he told us we had produced a memorable play with very current and poignant subject matter and we should all be very proud of ourselves.

We all thoroughly enjoyed the journey we took with 'Lockdown', performing in all three rounds of the SCDA Youth Festival, and loved meeting all the other competing teams at Dunoon and Bathgate. We



Members of CatStrand Youth Players, pictured with SCDA adjudicator, were thrilled to receive second place with the group's performance of 'Lockdown'.

are very proud to have represented the Stewartry District at the Western Final six times now and then, this year, finally representing the Western Division at the Scottish Final for the first time. We hope to be back soon!

So that is the end of the festival season - until next year that is! Congratulations again to all the cast and another huge thank you to everybody who has helped in any way with the Youth Players, particularly to all those who travelled to Bathgate and Dunoon to support us; it was very much appreciated. We really couldn't have done it without you.

We'll be having a wee break now before we start rehearsals on 4 September, ready for our annual panto which will be on stage on 9, 10 and 11 December. Hope to see you there!

James Wallace

Carsphairn Community Woodland Open Day

Carsphairn Community Woodland (CCW) held a successful open day in June at Muirdrochwood Forest, with a good attendance from both locals and supporters from further afield.

The visitors came to view progress in the woodland and hear about the projects that have been undertaken so far and what CCW's plans are for the future.

Carsphairn Community Woodland would like to say a big "thank you" to their supporters - without support from members from the local community, organisations and individuals, we would not have been able to reach the point we are at now.

There are various activities organised over the summer - take a look at pages 10 and 11 to find out more.

The CCW Team



Meeting Our Glenkens Councillors Andy McFarlane, SNP

Over the next few issues of the *Gazette* we'll give our new Dee & Glenkens Ward councillors a chance to introduce themselves,

starting with Andy McFarlane who says:

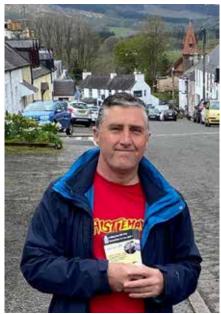
I have a great belief that none of us achieves much without the help of others. We rely on parents, friends, partners, colleagues, and others to get through our daily lives. It is no different when working in the public sector, which I did as a police officer for 30 years. I worked in a great variety of roles, but those that I enjoyed most were where I, working with others, made a difference to our communities. It is my belief in my ability to work effectively with others to deliver good things for our communities, and make a difference, that inspired me to put myself forward for election.

Because we are living through difficult times, it is even more important that

we maximise our resources, people, property and financial, and I will work with communities and council staff to do so at every opportunity. My hope is that I can demonstrate that I will work hard to deliver for all of the people and communities of Dee and Glenkens. I will listen, acknowledge, and work with the communities to address their issues wherever it is appropriate.

I am eager to better understand how we can work together to tackle poverty, and particularly child poverty. I believe that every child deserves to have the best opportunity to do well in life. We as adults must work to make that happen.

We also need to encourage wider participation within our communities. It is for each community to drive their ambitions for their area, and I want to join them and help them achieve whatever goals they set for themselves. The more that members of communities get actively involved, the greater the ambition and the greater the achievements that are possible. I will do whatever I can to support community involvement and participation, as a means of improving



the lives of all of those within our communities.

Lastly, the council is often the subject of criticism but I would like to say that, in my short time in post, I have seen the hard work and application of employees in the council, and I have been grateful for their support and quidance.

If you would like to get in touch with Andy you can email andy.mcfarlane@dumgal.gov.uk or call 07795 927 009.

Lockdown Reflections An opinion piece by Barry Bryan-Dixon

To be honest, I didn't find the whole lockdown situation too gruelling, and it certainly doesn't seem like two years ago that it all started.

What did take me by surprise were the news broadcasts of case numbers and deaths on a daily basis, which was all very depressing. I watched the news every day to keep up with things, which lasted for about six months or so, and it was all doom and gloom with very little or no good news.

I found that I was feeling down more than usual, so I cut my listening to the daily news down to three days a week, but that didn't seem to work. It was time to make another decision; do I stop watching the news altogether, or do I cut it down even further to one day a week? I turned it over in my mind for

a couple of days and then one morning I came across BBC Scotland - low and behold, news headlines along with other information until around 7pm when normal programmes started. So any time of day I could tune in and get my headlines - there and then I decided to stop watching the news altogether, jot the headlines down daily to keep myself up to date, then every three days or so enter them into my 'Covid Lockdown Diary'.

Not watching the news was the best decision I ever made; it relieved much of the pressure of my anger and anxiety attacks, depression and mood swings, bringing them back to a manageable level. I'm usually pretty adept at managing things - if I feel moody or depressed, I watch something lighthearted or funny, like Tom and Jerry or Road Runner, and I have a good library of comedy films and TV shows. My friends help me a great deal too; I couldn't manage without them.

So we are almost back to normal now, and the only thing I have difficulty with is my mask. If I go into a shop I feel obliged to wear it, even though I don't have to. In fact, I feel guilty if I don't - I suspect that these feelings will wear off eventually, or I certainly hope they will.

As I said in my previous article, Corona Virus Comparisons (printed in Issue 118, June/July 2020) our situation will be similar to post-WW2; it may have taken 40 years but we did it then, and I'm sure with a bit of common sense and empathy the government should be able to get their priorities right and sort things again this time too.

So I am back to watching the news every day and it's OK. I might shout at the TV every so often when someone says something I think is stupid or I disagree with, but that is healthy isn't it?

The next pandemic, in another hundred years or so, I think will be more powerful and destructive, although I hope I'm wrong. I noticed that the NHS is compiling a register with Covid and flu together, which suggests to me an annual jag for Covid is to come...

A Carsphairn Lass: Part I

Recollections by Betty McNally...

I moved to Stroma, Carsphairn, with my parents and sisters in 1935, when I was seven years old.

The house was built by the Galloway Water Power Company now absorbed into Scottish Power. We were the first inhabitants of it. It was built on the hillside, no shelter, no trees; just what the herds call 'blaw grass' and heather. When I was at Stroma there was no electricity in the house - that didn't come until about 1955. We had to use candles in the bedrooms and an Aladdin

lamp in the kitchen, with a paraffin heater in the bathroom and the kitchen had a black range. There were three bedrooms.

When my family moved to Stroma we made a rockery round the house, as well as a lawn and a large vegetable garden and Mum had her flowers too. When the winters were bad, which was often, my Dad and I used to cut peat. It was hard

work, but it kept the range nice and warm. When it was blowing a blizzard, the snow came through the doors. If it was a bad snowstorm, we had to take a shovel with us to dig our way through to the telephone which was in the porch at the front door. Snow also blew in through the slates and we had to take it out in buckets before the ceilings were brought down.

During the rationing my Dad,
Ada Coltart (nee Grierson) who
lived at Drumjohn, across the road
from Stroma, and myself walked to
Dalmellington to get the rations, seven
miles there and seven miles back. I
remember going one day when the
snow was up to the telegraph wire, and
we had to walk in Dad's footsteps in
case we went into a snow drift. In the
winter months my mother, my sisters

(Effie and Margaret) and I used to make rag rugs and we also cut up cardboard boxes and used the cardboard to make dart boards which we sold to a shop in Dalmellington.

Dad worked for the Galloway Water Power Company. His job was going round the Loch Doon intake and valve at Drumjohn, checking the reading and he also went to Bow Burn and the Deugh. His transport was a motorbike and sidecar. There was a spring of clear water called 'The Whiskey' down the road to Dalmellington at the last corner on the right hand side. One day Dad stopped there for a drink of fresh water before he returned to Loch Doon. When he reached the loch, he found an adder had crawled up his sleeve – luckily he got it out without any trouble.

Mary, who married Wattie Bryden from Dalmellington, and Ada, who married Davie Coltart from Dalry. Ada went into the NAAFI during the war. She was a wonderful cook, learning it all from her mother.

There was a family called Britten who lived at Brockloch Cottage, and they had a boy and a girl. We all went to school together in the Lawrence's school car. There was also a family called Rae, who walked over the hill from Knockengorroch to meet the car at Brockloch.

When I went to school, Miss Dougan was our teacher. She was very strict and shouted at us a lot (she also shouted at adults.) There was a tin shed in the playground which was used by Miss Miller, the dentist. We had lots of

entertainment in the hall at which Miss Dougan got us to sing and do plays. She also took us to singing festivals at Kirkcudbright and Castle Douglas. Our school trips were to Sandyhills for games and a picnic. We were all given a bag with a small sandwich, a sugar bun and a bottle of milk in a cardboard container with a straw.

Plane Landing With Bread & Supplies "1947" Carsphairn

After a number of years Dad got a van and when he went to Dalmellington, which was a very busy mining town, the residents would call out "Here's Ernie the Watter Man". Every Monday he brought a lady, Mrs McHugh down from Dalmellington to visit the McCutcheon family at Meadowhead.

One severe winter the Murdoch family, who were at Waterhead, found that the Deugh had flooded and then frozen, and the pressure of the ice was causing the walls of the house to crack and break up. A helicopter was called to help Dad and some volunteers rescue the family and livestock - it was all reported in the local paper.

When Bob Grierson killed the pig at Drumjohn we kids used to see it hanging on the only tree by the house. The Grierson's had two daughters, I remember Mother giving me

a sixpence to go buy something at the wee shop. One time I brought a pair of 'silver' candlesticks. Mum had them on her dressing table for years; they were her pride and joy. When Miss Dougan left Carsphairn to go to Shawhead I was the oldest girl in the school and got to go to Alexander's store in Ayr with her, where she bought a fireside chair with the money that had been collected for her leaving.

Evacuees from Clydebank came to school and brought their own teacher. We didn't understand their language, songs or their games and we didn't like it...

Submitted by Frank McHugh, shared courtesy of the Doon Valley Gazette

A CASE FOR FOREST CROFTS

The success of
Carsphairn Community
Woodland Ltd's
acquisition of part of the
woodland of Mardrochit
(Muirdrochwood)
prompts the question as
to whether, if a larger
area of the woodland
was purchased, there
could be potential for
the creation of forest
crofts or smallholdings.

A scheme such as this would be excellent for enabling housing for local residents and encouraging engagement with the land, but would be doubly appropriate given

that this woodland contained the Muirdrochwood Forest Holdings - a smallholding in the middle of the wood - when the forest was originally established by the Forestry Commission.

Previously there were many such 'crofts' in the Galloway forest, but most have

been sold-off or abandoned over the years.



The neglected former holding of Druim an Easa, Castlemaddy Forest; could new life be breathed back into these abandoned crofts?

Could an expanded Mardrochit community acquisition pave the way to this tradition being reestablished?

Michael Ansell

Parton Photo Competition

Parton Village
Hall held a photo
competition with
entries submitted
during April for display
in the hall over the
Jubilee weekend.

The theme this year was 'trees' to tie in with the recent community woodland planting and we had

54 entries with lots of interesting interpretations of the theme.

The winners were Sheila Nelson and Graham Dawson chosen by a popular vote at the Jubilee picnic.

The aim was to encourage people to get out and explore the area and think creatively but it was particularly lovely to be able to put on a display in the hall this year and see everyone taking time to

look around, discuss their favourites and try to work

out where the pictures had been taken!

Congratulations to Sheila and Graham and thank you to everyone for the support and the entries.

Pictured: Winning photographs by Sheila Nelson (below right) and Graham Dawson (below left).





THE CERTIFICATE

It's an oft-told joke:
"I left school with one certificate – 25 metres breast-stroke".

But that doesn't apply to me, I'm not that good a swimmer. I always pride myself that I can get from anywhere in the pool to the nearest edge.

But I did leave school with just the one certificate and it has taken me over half a century to appreciate the value of the certificate and the story behind it.

To set it in context, the year was 1968 and I was soon to leave a grotesque comprehensive school of 1800 pupils in a 'New Town' and run off to join the Army at the tender age of just fifteen years and two months. Best thing I ever did, and that was a full year before I was due to take (and probably fail) my O levels.

My English teacher (Mr Davis - a Welshman) had a very clipped, even staccato, way of speaking. One spring day he tasked my class with writing a poem.

Now I was a cocky young so-andso, and I resented being told when to write poetry. I had always considered poetry writing a personal thing for when I was in the mood (not that I wrote many poems – and looking back, they were usually rubbish anyway). But my nose was 'out-of-joint' and I thought to myself that I would show him!

I wrote a poem about a school teacher, which riffed mercilessly on Mr Davis' mannerisms, and handed it in fully expecting to get detention for my cheek. Without my knowledge, he entered it for a school poetry competition (which I did not even know existed) and I was amazed when he told me that it had won.

I was presented with a certificate and I had to read the poem aloud in an assembly of my year group of several hundred pupils and teachers. Everyone there must have realised that it was about him. Why would he do that? Why would he set himself up?

Bravery... he saw something in me, and did what he could to encourage it.

As my long, varied and (mostly) successful career was beginning to draw to a close in 2014, for some reason I began writing...fiction, poetry, memoir and more. Looking back, that certificate gave me the confidence that I COULD write.

I now humbly submit that old poem, A Lesson, that I wrote as a fourteenyear-old, in memory of the late Mr Davis. Paul Goodwin

A Lesson

Hey boy!
Yes you!
Just lolling around,
Just give it back
And turn around.

Oh boy! Hey you! Sit up straight. What a mess, A slovenly state.

Low marks!
 Again!
You're getting worse,
 Have I to act
As mother and nurse?

What's this?
At me!
Who made this dart?
Never again
Or you'll properly smart.

Sit down! Sit still! That's not a cue, That bell's for me And not for you.

Mark!
Stand up!
Go to the head,
Go on, get going,
You heard what I said.

Hey boy! Yes you! Didn't you hear? Have I to clip you Round the ear?

Ah well!
And now the lesson's passed,
It's time to prepare for another class.

I am determined to make these smart,

On the backsides'll do for a start.

Ling Lunches are Back

Did you know LING lunches are on again?

Every Tuesday, our lovely and welcoming volunteers open New Galloway Town Hall doors between 12.30pm and 2pm to provide scrumptious homemade soups and sweets, all at a very reasonable price.

Everyone of any age is very welcome, whether on your own, with friends or as a family. No need to book, just come along and try LING lunches out!

Until recently, our lunches were provided by Dawn of local company Love to Eat, and we are so grateful to her for

the excellent food she provided over the years. However, Dawn has decided to step back and take a bit more time for family and other things, and we are very excited to have Jax of Fabby Cakes, another Glenkens business, providing our lunches. Do pop in to try her equally wonderful cooking.

LING were extremely lucky to be awarded funding from Glenkens Community Shop to purchase lovely new tablecloths, which we now use during lunches. LING would like to say a huge thank you the shop (if you haven't visited Glenkens Community Shop it's well worth a visit - it's on Main Street, Dalry).

If you'd like more information or to support LING in any way - ideas, suggestions of events and activities that you would like to see happen throughout the Glenkens, and/or you can volunteer occasionally - please email me (Angie, LING's new Community Inclusion Manager) at communityinclusion.ling@gmail.com or message us though our Facebook page @Local Initiatives in New Galloway. We look forward to hearing from you!

Angie Bradford



Is anyone is interested in reinstating the Clachan Fair?

If so, please contact
Jane Metcalf at bella54@
btinternet.com at the earliest
convenience.

Otherwise monies raised from the previous Fair will be donated to charity.



CARSPHAIRN CRAFT GROUP

After keeping the going through the pandemic with virtual sessions, Carsphairn Craft Group finally had our first in-person meeting in two years.

The group had managed to keep going over lockdown via Zoom, but crafting through a screen just isn't the same. It



was so good to be able to meet up again properly, and on our first meeting back we even had a lady join us all the way from Gatehouse, who got to know us through a Facebook group.

We had cake and coffee and not much crafting was done as everyone was just so happy to be together again.

Since then, we have had a lovely outing to New Lanark and a yummy coffee and cake at Garrion Bridge Garden Centre.

In the first week in July we used a buddy system in which those who

could crochet buddied-up with those who couldn't, which led to a fun and fruitful morning. The next July workshop was held in Carsphairn Community Woodland, where members learned about natural dyeing.

We have other workshops planned throughout the year, including Worldwide Spin in Public Day which we will be holding a day late on Sunday 18 September, from 10am, in Lagwyne Hall - feel free to pop

in and learn the amazing art of spinning!

It's wonderful to be back up and running, and I'd like to thank Gail for all her hard work over the years that the group has been running, and it's a real joy and an honour to be



taking up the reins in organising the group, and to see how much the group has grown since Covid.

Carsphairn Craft Group meet every Friday from 10am to 12noon(ish) in Lagwyne Hall. The coffee is always on the boil, and new members are always welcome, both from within the community and from further afield.

Maggie

Pictured is the craft group at the CCW workshop on natural dyeing (left) and some of the resulting wool colours (above).

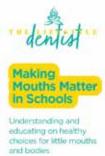
Making Mouths Matter in Schools

Local dentist and yoga practitioner, Maria Papavergos, is working to raise awareness about oral health in local schools.

"My mission is to educate schoolchildren in our area about oral health, with my project 'Making Mouths Matter in Schools'," says Maria. She continues: "I have been talking to the children in Crossmichael, Gelston and Auchencairn primary schools about the importance of their mouths and how they connect to their bodies."

Maria set up the initiative as she felt that there is a real lack of understanding in how best to support oral health as part of our overall health. She believes





es Dy Maria Papavergos

zendium

to understand for themselves about making healthy choices, as this will lay the groundwork for healthy choices for a lifetime.

Having worked with Unilever brand Zendium previously, she knew they had a holistic perspective of the mouth and

that a good start is to get kids

she knew they had a holistic perspective of the mouth and the body as a microbiome - a forward-thinking approach to oral health similar to her own. Maria approached the brand and they agreed to support the project by supplying toothpaste.

"I began by making approaches to schools across the region, starting with my daughter's school at Crossmichael. The sessions so far have gone really well with lots of good questions, even from the very young children," says Maria.

The hope is that through promoting the success of the campaign locally the initiative can be rolled out nationally with other dentists getting on board and engaging with schools in their area.

So what can we do starting today to enable better oral health in our children, and ourselves?

"I feel there is a misunderstanding of what is damaging to teeth," says Maria. "Dried fruit, raisins, smoothies...these are all considered healthy, but are not healthy for teeth. Snacking is a key factor in dental decay. Also, gut health, immune health as well as systemic



Maria teaching the children at Crossmichael Primary School about their oral health.

diseases such as cardiovascular disease and diabetes are all linked to oral health. Lifestyle choices that can lead to good oral health are so important - one in four children in Scotland have a cavity before they start school, and so much discomfort could be avoided just through better education in this area - it's very preventable.

"My aim is to help children understand that it's not just about brushing your teeth; your mouth is a gateway to overall health."

To find out more visit Maria's website at www.thelifestyledentist.co.uk or if you would like to book a visit for your child's school email maria@ thelifestyledentist.co.uk

Deciding the Future of the Glenkens Community Centre

The building on Kirkland Street, Dalry, known as the Glenkens Community Centre, was constructed in 1878 as the new school and continued as such until the 1930s.

After the war it served a number of functions but, during this century, its main purpose has been a community centre.

Following the threat of closure by Dumfries & Galloway Council, the building was acquired in 2017 by Dalry Community Properties Trust (DCPT) under the Right to Buy Legislation. It then continued as a base for various user groups, including Brightstars Childcare, until early 2020 when Covid forced its closure.

The DCPT was primarily set up to deal

with this initial purchase, but is now established as a registered charity, which enables it to deal with possible future acquisitions on behalf of the village and residents.

As we are now entering a phase where Covid restrictions are easing, it is an appropriate time to consider the future of the centre. Unfortunately, during the last two years many of the user groups have relocated or ceased to operate altogether, as in the case of Brightstars, and the trustees have been forced to take a long, hard look at where this leaves the centre. The conclusion is that there are only three realistic options:

Option 1 is to attract new user groups back and operate in much the same manner as previously. However, this would require setting up a new management committee to deal with the day to day operations, and any income is unlikely to cover the ongoing costs, such as insurance and maintenance, in the short term.

Option 2 would be to find a single user and let the building on a long lease. This would be a more secure path than Option 1, but in both cases a certain amount of capital expenditure would be required to bring the toilet block up to modern standards.

Option 3 would be to sell the building and use the funds generated to acquire other assets in the village for the benefit of the community.

In order for the residents to have their say on this important issue it has been decided to have a public meeting in Dalry Town Hall on Thursday 29 September at 7pm. Attendees will have the opportunity to vote on their preferred option, and this will give the trustees an insight into public opinion and allow them to decide on the way forward.

Anybody with questions and/or opinions can contact the chairman of DCPT at garyblissett51@gmail. com prior to the meeting.

WOOL GATHERING

In autumn 2021
Galloway & Southern
Ayrshire UNESCO
Biosphere launched
The Wool Gathering, an
initiative to promote the
versatility of local wool
and its diverse potential
as a sustainable
resource.

This year the Biosphere has been awarded funding from the Blackface Breeders' Association, support which will drive the project forward and raise awareness that sheep farming is integral to both our heritage and our regional economy.

Scotland's first Biosphere was designated by the United Nations Educational, Scientific and Cultural Organisation (UNESCO) in 2012 and covers more than 5,200km² of the south-west region, including hill grazing throughout the Glenkens.

Across much of the Biosphere blackface sheep are the dominant breed, with a history that stretches back into the mists of time. First mentioned in monastery records of the 12th century, blackface sheep are hardy animals that thrive on upland pasture, even in inclement weather. Today their wool is typically

sold for use in the carpet and mattress trades in the UK and Europe, and wastage in sale and processing is high. Use of blackface wool in clothing has been in decline since the trend towards cheap man-made materials overtook the historic appreciation for hardwearing woollen garments that are locally made.

As the impacts of the climate crisis become more acute, suppliers and consumers are seeking creative ideas to make the systems that produce our food, fibre and fuel much more robust. The Biosphere's remit as a UNESCO designation is to promote sustainability in enterprise alongside environmental education and research, and to test solutions to some of the most critical challenges of our time. With the funding that the breeders' association provides the Biosphere's plans are now being progressed: British Wool is helping the project source 1,000kg of Blackface Fine no.1 725 produced within the Biosphere region, and following scouring (cleaning) Knitlab North will create and test prototype items of outerwear. Through their partnership the Biosphere and the breeders' association hope to demonstrate that the potential of blackface wool is much greater than its current uses suggest, and that in time far fewer fleeces will go to waste.

The Wool Gathering is just one of many projects aimed at supporting and celebrating 'Biosphere life' across the whole region including, of course,



Blackface sheep at this year's Carsphairn Show.

the Glenkens, an area that sits at the heart of this UNESCO designation. During 2022 the Biosphere's Land Use & Biodiversity team are starting a land managers' group that will meet regularly to share experiences and reinforce the local connections which are especially critical at a time of nationwide policy changes and global financial crisis.

The Biosphere's Proud Supporter and Certification Mark schemes – both of which are free to join – continue to promote sustainable communities and the micro and SMEs which bring such incredible diversity to our local economic landscape. Members based in the Glenkens cover a range of sectors, from food and drink at The Clachan in Dalry to the creative textiles of Midge Porter Design, growing and learning at Galloway Flowers, outdoor adventuring at Galloway Activity Centre, and shepherd's hut holidays at Garroch Glen.

More information visit www. gsabiosphere.org.uk or email info@ gsabiosphere.org.uk Tamara Fulcher

Thank You, Lyndsay

The last thing Lyndsay Wright would ever want is to be the centre of attention, for a fuss to be made...

But, on behalf of the old Wright's Shop team and the community she served – for more than eight years, unfailingly – I dare to venture a public "thank you, Lyndsay, for everything" and the heartfelt wish that she may have good health to enjoy many years of adventuring.

**Jane McBeth*

Pictured: Raising a glass to Lyndsay, third from the right, at Wright's Shop Christmas meal out at Carlo's in Castle Douglas.



A PLEA FROM A LOCAL TAXPAYER

I am a taxpayer living in the Glenkens.

I am concerned that a number of people in the area are not claiming everything that they are entitled to and this upsets me, especially with the rising cost of fuel.

If you are on a low income, please check to see if there is anything you could claim, especially Pension Credit or Universal Credit. People who live elsewhere in UK are claiming their entitlement and I just want to make sure that those who live here are claiming what my taxes are helping to fund.

If a married couple has one who is a taxpayer and the other not – claim marriage allowance by contacting your tax office.

Anyone under 22 or over 60 is

entitled to a free bus pass – contact the local library.

If you receive Pension Credit or Universal Credit you should be eligible for the Social Tariff on your Broadband – they rarely advertise this so if this applies to you, phone them up and make a noise, it could save you £250 per year.

A Glenkens taxpayer

Youth Activities in the Glenkens

LING Glenkens Youth Activity Group held its first youth group night in June, and was delighted that 21 young people, aged between 10 and 15, came along from all over the Glenkens. The group starts up again on 15 August for sports, outdoor activities and opportunities to relax and meet up with friends outside of school.

Through the summer holidays over

Through the summer holidays over 50 young people aged between seven and 14 will take part in two-day Outdoor Adventure and Filmmaking Fun sessions. These will run in partnership with CatStrand Young Creatives and are funded by D&G Council Amazing Summer with support from the Loch Ken Trust. Thanks go to Kells and Dalry Primary

Schools and Dalry Secondary School for letting us promote the activities through school channels.

For more information, or to be included in the youth activities email or WhatsApp group, please contact Olivia at youthwork.ling@gmail. com, text 07719 708 668 or visit @localinitiativesinnewgalloway on Facebook.

Pictured: Young people participating in a youth session in New Galloway Park, enjoying the sunshine.

Are you stuggling to afford to heat your home with the rising cost of living?

The Hub, in Dumfries, may be able to help – get in touch on 01387 269 161 or info@ thehubdg.org.uk



BUSINESS in the SPOTLIGHT

In this edition we'll be getting to know the new owners of Wright's Shop in Dalry.

Valerie and I have been married for 32 years this year. We've got two kids (not that they're kids anymore) - Caitlin who is 27 and Ciar who has just turned

We took the plunge to move here in August last year after years of thinking about having our own business. I had been driving HGVs for a large supermarket for 27 years and Valerie was a pupil support asisstant at a local primary school for 22 years and it was high time for a change. So we sold our family home in Lochgelly, Fife, and moved to a flat in Dunfermline for six months while we decided what to do. Things seemed to drag on forever but, in early 2022, we finally caught sight of the light at the end of the tunnel when we made the decision to buy the shop.

We all passed our initial Post Office training before taking over the business, but to be honest it was only scratching the surface of learning.

The keys were officially handed over in April this year and we are thoroughly enjoying everything about the community in Dalry. Everyone has been really friendly and helpful, even correcting us when we've undercharged them!

Generally we're quite chatty people and enjoy being that "wee bit nosey", so we love a bit of banter in the shop.

We don't have any plans to make major

changes to the store. We'd perhaps like to evolve it to include some sort of hot food availability and snacking options, maybe even a nice coffee machine.

How could I forget about Tibo, our over-friendly 'cockapoo'. We bought him from a family prior to moving here, and he's been keeping us entertained ever since. No point in making life too easy!



We'd like to say a huge thanks to Lyndsay for making it as stress-free a handover as possible, to Isobel, Jane, Susan and the girls who work in the shop for all their help and support, and to the whole town of Dalry for making us feel part of the community from day one. Hopefully we'll be serving this community for a good few years to come, so we'll get to know many more of our Glenkens locals.

Bill, Val, Caitlin, Ciar and Tibo

WINDY STANDARD WIND FARM - OPEN DAY FUN

We would like to thank everyone that attended the Windy Standard Wind Farm Open Day on Saturday 25 June.

We hope they had as much fun as we did taking part in the celebrations and seeing first-hand wind energy in action.

Visitors to the wind farm were met by Rowanbank Environmental Arts & Education, a

social enterprise that creates magical outdoor experiences. They really were magical in their costumes! They joined everyone on the coaches and provided a potted history of the wind farm alongside a fantastic performance to the top.

At the top of the hill everyone was met with refreshments in the marquee before taking part in some games and a treasure hunt in and around the turbines. After enjoying a delicious spread

provided by Carsphairn Tearooms and an adrenaline-fuelled safety demonstration, we retired back

down the hill heading for home.

It was a great day out for both adults and children and we are sorry that the weather stopped it from running again on the Sunday.

Keep in touch: communities@ fredolsen.com / 07435 763 900



Glenkens Jubilee Celebrations

The sun came out in Dalry for the treasure hunt around the village which the children enjoyed, even though a few got lost on the way!

Lots of residents decorated their houses with bunting and flags, and it was fun to see the competitive spirit alive and well in Dalry. The winner of the 'Best Dressed House' received a sweety bouquet and a new flag for their collection.

The town hall, decorated with lots of bunting and flags made by the children from Dalry Primary School, was the venue for a 'bring your own' picnic. There was a magician to wow the public and lots of old-fashioned games to play such as 'tin can alley' and 'guess the name of the corgi!' A great time was had by all.

Picture: Winners of Dalry's Jubilee Best Dressed House were Jim and Elizabeth Gourlay (Elizabeth pictured here).





Carsphairn Community Council organised a get-together for the community to celebrate the Queen's platinum jubilee.

After the dearth of communal activities owing to the Covid pandemic, it presented the ideal opportunity for Carsphairn residents and guests to enjoy together not only a delicious buffet supplied by Carsphairn Tearooms but also some excellent music from the Kilmarnock Concert Brass. The event was held in Carsphairn's community garden decorated with flags, bunting and balloons, and to top it off, the weather was perfect.

The Communty Council would like to give thanks to those volunteers who helped set up and dismantle chairs, tables, gazebos and miles of bunting to make the event such a success.

Parton Village Hall arranged a canoe outing on Loch Ken for adventurous villagers as part of the jubilee celebrations.

Canoes and a safety boat were hired from Galloway Activity Centre giving everyone a chance to take part even if not a regular paddler.

Eight boats launched from Parton and headed up the loch, under the viaduct for a picnic on Green Isle where Paul Hodson provided entertainment with stories about the history of the islands.

The wind picked up for the return journey making it slow going but everyone made it back safe and sound.

Overall an enjoyable day out, a great way to catch up with neighbours whilst seeing the village and the loch from a different perspective.





Local Initiatives in New Galloway, New Galloway Community Enterprises and New Galloway & Kells Community Council hosted a Jubilee Jamboree in New Galloway park, with support from CatStrand Arts for the musical elements.

It was followed by a fabulous ceilidh in the town hall featuring the Shore Road Band. Wonderful afternoon teas were provided by Dawn of 'Love to Eat' and food for the ceilidh featured pie and beans, thanks to Margaret Watson, followed by amazing platinum jubilee trifles made by David Briggs.

The highlight of the afternoon was undoubtedly the pet show, with lots of happy rosette winners. Thanks go to the more than 30 volunteers who supported the event - through their hard work it all came together, and the sun smiled on us.

GLENKENS GLASS RECYCLING POINTS

- Balmaclellan Stores, Balmaclellan
- Memorial Hall, St Michael's Road, Crossmichael
- Kirkland Street, St John's Town of Dalry
- New Galloway, Carson's Knowe Car Park
- St David Street, Kirkpatrick Durham

For details of other recycling points visit www.dumgal.gov. uk/wasterecycling - follow the 'Recycling Points in the Community' link. There is also a 'Find My Nearest' tool that enables you to find a range of local services, including recycling points.

ADVERTISE IN THE GAZETTE

(price per issue incl VAT)

SMALL:

6cm x 6cm, £37.80 (+ 10% off with series discount)

1/4 PAGE:

9cm w x 13cm h, £81.90 (+ 25% off with series discount)

1/2 PAGE:

18cm w x 13cm h, £151.20 (+ 25% off with series discount)

FULL PAGE:

18cm w x 27cm h, £252 (+ 25% off with series discount)

Call 07727 127 997

VAT Reg. No. 882 8361 87

Sports in Dalry

Outdoor Bowls - for details contact Fiona Ramsay on 01644 430 587

Table Tennis (available 24/7)

Snooker (available 24/7)

Indoor Bowls (October to March)

Badminton (available 24/7)

For details for table tennis, snooker, indoor bowls and badminton contact Gary Blissett on 01644 430 521.

CROSSMICHAEL THERAPY CENTRE

- Your Health is Important -

Acupuncture & Chinese Herbal Medicine

Acupuncture and Chinese Medicine is probably best known for its treatment of pain. However, they can be used to treat a broader variety of conditions, from achy joints to anxiety, skin troubles to insomnia, acupuncture could help change the way you manage some of life's health challenges.

Matthew Pajo has been studying and practising Chinese medicine for over 25 years and has attained a Bachelor Health Science and Master Applied Science in Acupuncture and Chinese Herbal Medicine.

As a highly skilled and trusted clinician, Matthew uses safe, effective, and natural treatments that can bring relief from acute and chronic conditions.

Matthew is a member of the British Acupuncture Federation and the Association of Acupuncture Clinicians.

To make an appointment call 07786 079 845 or email info@matthewpajo.co.uk
For more information visit www.matthewpajo.co.uk

Psychological Therapy

Amber Dunlop-Pajo has spent over 20 years working as a psychologist and has attained a Bachelor Psychology (Hons) and Master Psychology (Health) and is a Chartered Psychologist with the British Psychological Society.

Amber specialises in Women's Health as well as depression, stress, anxiety and has a focus on health psychology.

Contact Amber on 07389 713 106 or info@gallowaycounselling.co.uk For more information visit www.gallowaycounselling.co.uk

Crossmichael Therapy Centre, The Old School, Crossmichael, DG7 3AP



GLENKENS MEDICAL PRACTICE

General Medical & Dispensing Services

The Surgery High Street New Galloway

FOR APPOINTMENTS CALL

01644 420234

The Community
Kindness Cupboard
outside Dalry Library
has home baking in
every Thursday.

WHERE TO LOOK FOR LOCAL JOB LISTINGS

Dumfries & Galloway! What's Going on @DGWGO on Facebook; What's Going On Glenkens @WGOGlenkens on Facebook; Glenkens Gazette @GlenkensNews on Facebook – once on the page for any of these, use the search function to look for jobs. The Glenkens' largest employer, Natural Power Consultants Ltd, also have a jobs page - www.naturalpower.com/uk/careers

KEY GLENKENS CONTACTS

LOCAL DOCTORS' SURGERY

Glenkens Medical Practice - 01644 420 234

COMMUNITY CONTACTS

- Balmaclellan: Martin Warnock 07939 261 391
- Carsphairn: Liz Holmes 07718 358 160
- Corsock: Julie Garton 07769 647 702
- Kirkpatrick Durham: Heather 07551 639 629
- Crossmichael: Richard Middleton
- 01556 670 691

- Dalry: Graham West 01644 430 503
- Mossdale: Shop 01644 450
- New Galloway: 07741 656 601
- Parton: Erica or Brian 01644 470 277

FOOD DELIVERIES

- Galloway Foodbank 07730 788 335
- Hidden Veg www. openfoodnetwork.org.uk/hiddenveg/shop
- Ballards Butchers 01556 502502 (they also deliver groceries)
- Grierson's Butchers: 01556 502 637
- Henderson's Butchers: 01556502 654
- Mitchell's Greengrocers: 01556 502 077
- Fleet Fish: call 07966 103 912 to find out about Glenkens delivery days
- Roan's Dairy 01556 620 374

LOCAL COMMUNITY GROUPS

Glenkens Community Shop: Contact Liz Lewis on 07530 804 217 or drop by the shop on Main Street, Dalry

Glenkens Scout Group: Contact Heather McIntosh on 01644 420 375

Local Initiatives in New Galloway (LING): Contact newgallowaytownhall@gmail.com

Dalry Communities Properties Trust (DCPT): Contact Gary Blissett at garyblissett51@gmail. com or 01644 430 521

Dalry Town Hall: Contact Lesley Blissett at lesleyblissett52@gmail.com

Glenkens Community Centre: Contact Gary Blissett at garyblissett51@gmail.com

New Galloway Community Enterprises (NGCE): Contact ngce5000@gmail.com or pop into New Galloway Community Shop

Balmaclellan Community Trust: Contact Julia Higgins at julia.higgins55@outlook.com

CatStrand: Contact Fiona Limbrey at fiona@ catstrand.com or 01644 420 374 or pop in to the CatStrand

Schools: Visit the school office or call Dalry Primary on 01644 430 105 (for Nursery/ELC too), Dalry Secondary on 01644 430 259 or Kells on 01644 420 340

Carsphairn Heritage Initiative: Contact Karen Hall at carsphairnhi@gmail.com

Galloway Glens Landscape Partnership (GGLP): Contact McNabb Laurie at mcnabb. laurie@dumgal.gov.uk

If you would like to add your community organisation to this list please get in touch with the Gazette - contact details are on the back page.

CHURCH TIMES

CHURCH OF SCOTLAND:

Sunday Services

Balmaclellan: 11am - 7 Aug & 4 Sept Carsphairn: 11am - 14 Aug & 11 Sept Kells: 11am - 21 Aug & 18 Sept Dalry: 11am - 28 Aug & 25 Sept

Special Services

Communion, 21 Aug, 11am, Kells Church. Harvest Thanksgiving, 2 Oct, 11am, Balmaclellan Church. Harvest Lunch, 2 Oct, 12noon, Balmaclellan Village Hall

SCOTTISH EPISCOPAL CHURCH:

St Margaret's Church, Kenbridge Road, New Galloway, DG7 3RP

Sundays: 10.30am Sung Eucharist, followed by coffees/

Visitors are always welcome - for further information, including directions, please see our website www. stmargaretsnewgalloway.org or call our vestry secretary, Christine Rankin, on 01644 420 259.



GALLOWAY COMMUNITY TRANSPORT

www.gallowaycommunitytransport.org email gct@catstrand.com phone 01644 420374 mobile 07841 512449

August - September 2022

Regular Services

GK2 Glenkens-Castle Douglas

(Tesco)

Wednesday Evenings

(Registered Route)

	(3 /	
Out		Return
19:00	Dalry (Underhill)	21:15
19:05	New Galloway	21:10
19:15	Mossdale	21:00
19:25	Laurieston	20:50
19:30	Townhead of Greenlaw	20:47
19:37	Castle Douglas (Market St)	20:37
19:40	Castle Douglas (Tesco)	20:35
	Booking not required	

Glenkens to Newton Stewart

Fortnightly - Tuesday mornings

Outward Pickups:
Dalry (Underhill) 09:30
New Galloway (Town Hall) 09:35
CatStrand) 09:37

To Merrick Leisure Centre and Aldi Return Pickup Newton Stewart (Aldi Car Park) 11:30

Return fare £3.50 Advance booking required.

Member Hire



GCT has 16-, 15-, and 8-seater minibuses and a fully wheelchair accessible electric car available for hire by community organisations.

For information about membership and terms and conditions of hire see the GCT website or phone 07841 512449.

GCT Ebike Club

If you are interested in joining the GCT Ebike Club please see

https://www.gallowaycommunitytransport.org/gctebike-club

phone 07704 662925 or email jon@catstrand.com

EXCURSIONS

24 August 2022 Wednesday

THE BORDERS GARDEN

Portmore Garden, Eddleston, Scottish Borders

Our journey starts with a drive to Moffat for a coffee break, followed by a scenic drive through Upper Tweeddale to Peebles for a leisurely lunchtime stop which allows time to explore this interesting market town.

Portmore is a 1.5 acre walled garden designed with taste and flair. The selection of colours in the planting is impressive. The glasshouses are full of tender plants displaying their own colours in full summer. The gardens contain an Italianate grotto, rose beds, borders and water garden.

Plants for sale. Refreshments available. Partially wheelchair accessible.

Pickups: Dalry (Underhill Bus Stop) 0900, New Galloway (CatStrand) 0910, Kirkcudbright (Harbour Square Bus Stop) 0935, Castle Douglas (Market Hill Car Park) 0955, Dalbeattie (Craignair St Bus Stop) 1015, Dumfries (Wickes Car Park) 1030

Admission £6. Fare £10

For more info please see the website: https://www.gallowaycommunitytransport.org/excursions

Drivers Needed

Galloway Community Transport needs your help to provide a wide range of community transport services across the Stewartry and beyond.

MINIBUS DRIVING

Minibus drivers with D1 (101 or by test) are needed to do volunteer and paid driving for our wide range of member community groups.

PATIENT TRANSPORT

We also urgently need drivers with their own cars for our patient transport service. Our volunteer patient transport drivers receive a generous mileage reimbursement and the satisfaction of providing a vital service to vulnerable people in our communities.

Interested?

Email gct@catstrand.com or phone 07841 512449

WHAT'S ON August/September

AUGUST

Fridays in August,

CatStrand: Live Music in the Bar, 4-9pm

Fri 5, Fundraising Ceilidh, Dalry Town Hall, peter@catstrand.com

Thu 11, Ken Words: Glenkens Writers' Café, 7pm, CatStrand

Thu 11, Arctic Winds Part 1: Nightlands, 7.30pm, CatStrand

Fri 12-Tue 16, Glenkens Food Hub open for orders, www.openfoodnetwork.org. uk/glenkens-food-hub/shop

Sat 13, Producers Market, 10am-1pm, Dalry Town Hall

Sat 13-Sun 14, GB Ultras Elite Runners, Dalry Town Hall

Thu 18, Arctic Winds Part 2: The Fallen Angels Of The Moine, 7.30pm, CatStrand

Fri 19, Accessible Art for Wellbeing Workshop, 10-11.30am, Crossmichael Village Hall & 12.30-2pm, Dalry Town Hall, see p7

Wed 24, GCT Bus Trip: The Borders Garden, see p37

Thu 25, RLUPS Community Learning Programme, see p12&13

Fri 26, Accessible Art for Wellbeing Workshop, 10-11.30am, Kirkpatrick Durham Village Hall & 12.30-2pm, Dalry Town Hall, see p7

Fri 26-Tue 30, Glenkens Food Hub open for orders, www.openfoodnetwork.org. uk/glenkens-food-hub/shop

Sat 27, Great Corsock Show, Corsock Village, see back page

Sat 27, Under the Bridge Story Telling Parade, 1-5pm, New Galloway to Ken Bridge

Sat 27, Mark Zygadlo's Water Organ, 12noon-5pm, Ken Bridge

Sun 28, Mark Zygadlo's Water Organ, 10am-5pm, Ken Bridge

Sun 28, Arts & Crafts Fair, 11am-3pm, Dalry Town Hall

Sun 28, Tom Bancroft's 'In Common', 7.30pm, CatStrand

Fri 30, RLUPS Community Learning Programme, see p12&13

Wed 31, Darkness & Stars, 9.30-11pm, CCW, see p10

SEPTEMBER

Glenkens Food Month, look out for posters and on Facebook

Fri 2, Welcome to Your Forest, 9.30am-2pm, CCW, see p10

Sat 3, The Glenkens Story: The Early Peoples of Galloway, 10am-5pm, CatStrand

Wed 7, Six Feet, Three Shoes, Dalry Town Hall, peter@catstrand.com

Wed, Life as a Squirrel or Pine Martin, 6-7.30pm, CCW, see p10

Thu 8, Ken Words: Glenkens Writers' Café, 7pm, CatStrand

Sat 10, Producers Market, 10am-1pm, Dalry Town Hall

Sat 10, Smith & McClennan, 7.30pm, CatStrand

Wed 14, What is the Difference Between Fungi and Mushrooms, 6-7.30pm, CCW, see p10

Fri 16, Four hands One Piano: The Lisney Briggs Duo, 7.30pm, CatStrand

Fri 16-Tue 20, Glenkens Food Hub open for orders, www.openfoodnetwork.org. uk/glenkens-food-hub/shop

Thu 22, Pictish Trail, 7.30pm, CatStrand

Fri 23, Steve Turner, 7.30pm, The Smiddy, Balmaclellan

Sat 24, Steve Turner: Song Accompaniment Workshop, 11am, The Smiddy, Balmaclellan

Sat 24, The Glenkens Story presents 'Crossing the Ken: Bridges, Fords and Ferries', 2pm, CatStrand

Sat 24, Uilleann Duo 'Underarmed' album launch, 7.30pm, CatStrand

by Sun 25, closing date for responses to 'Land Reform in a Net Zero Nation' consultation paper, see p3

Sun 25, Firelight Trio, 2pm, CatStrand

Thu 29, Public Meeting: The Future of the Glenkens Community Centre, 7pm, Dalry Town Hall, see p31

REGULAR EVENTS

Balmaclellan Village Hall:

Tuesday Afternoon Teas, 1st Tues each month, to book email warburton. julie@googlemail.com

Glenkens Crafters, Wed 10am-12noon, for info contact julia. higgins55@outlook.com

Books in Balmaclellan Community Library, Wed 10.30–12.30 & 5.30-7pm; Fri 5.30-7.30pm; Sat 10.30am -12.30pm (tea & coffee available on Sat).

Balmaclellan Blether: 3rd Thu each month. For info contact warburton. julie@googlemail.com

Glenkens Art Group, Thu 2-4pm, for info contact

t_leach1@sky.com **Easiobics:** Tue & Fri 9.30-10.30pm, contact mlfagan@live.co.uk

Circuits: Sat 8-9am, contact John 07544 713 586

Kettelbells: Mon & Tue 6-7pm, contact John 07544 713 586

The Smiddy, Balmaclellan:

Photography Workshops, Tuesdays in August, see p7

Music Workshops, Wednesdays in August, see p7

Life Drawing Workshops, Thursdays in August, see p7

Mindfuliness Workshops, Thursdays in August, see p7

Yoga for Men, Fri in August, see p7

Lagwyne Hall, Carsphairn:

Craft Group, Fri 10am-12noon, includes tea & coffee, Lagwyne Hall

Bairn Banter; family stay & play

session, 0-7 years, Sat 10-11.45am, Lagwyne Hall, Carsphairn

CatStrand, New Galloway:

Margaret Morris Movement: Health Play (age 3-7), Mon (during term time), 3.45-4.30pm

Margaret Morris Movement: Children's Grades & Youth Dance (age 8-15), Mon (during term time), 4.30-5.30pm

Youth Volunteers (age 11-16), monthly, 5.30–7.30pm

Scriptless Drama Club (age 11-19), Tue, 5.30-6.30pm

Newton Stewart Bus Service to Tesco, Wednesday evenings

A Chance to Dance, Thu bi-weekly, 6–8pm

Dance Weekenders (age 12+), Sat - monthly, 1–4pm

Art Explorers, Sat - monthly, 10-11am (age 5–8) & 11.15am–12.30pm (age 8–12)

CatStrand Youth Players, meet weekly to work on festival plays and an annual pantomime, contact briangm@ catstrand.com

New Galloway Town Hall:

Crafty Corner with tea & biscuits, Mon 2-4pm, contact Kristina on 07789 680468

LING Lunches, Tue, Elevenses 11am & lunches from 12.30-2pm. No need to book, contact Ros on 07749 249 781

Sports Evenings with indoor bowling and table tennis, Tues 7-9pm, drop in or contact Ray on 01644 420 438

Tai Chi, Wed 10.30-11.30am, includes coffee & biscuits, contact Ju-lie gentletaichigroup@gmail.com

Wee Messy Crafters, Wed, 1-2pm, contact weemessycrafters@gmail.com

Zumba, Wed 6.30-7.20pm & 7.25-8.15pm, contact samantha.rushton@hotmail.co.uk - booking essential

Martial Arts, Thur 5.30-6.30pm (children) & 7-9pm (age 6 and up), contact Brian or Nancy on Facebook KMANews or kmabrian@gmail.com

Gentle Yoga, Fri 5.45-6.45pm, contact kathyr64@hotmail.co.uk

Informal Family Badminton, (net and racquets but no line markings), New Galloway Town Hall, contact Ros on 07749 249 781

Dalry Library:

Random Writers (age 12+), Thu biweekly, Dalry Library, 3.45–5pm

Dalry Town Hall:

Tai Chi, video-led instruction, Mon, 2-3pm, contact lesleyblissett52@gmail.com

Dog Training, Tue, 7pm, contact Eric Broadhurst 07831 590 822

Film Nights, Wed, see listings opposite **CatStrand Singers**, Thu, 11am-12.30pm, contact anne.chaurand@btinternet.com

Song Share, 1st Friday each month, 8-11pm, contact anne.chaurand@btinternet.com

Glenkens Producers Market, 2nd Sat each month, 10am-1pm, contact lesleyblissett52@gmail.com

Various:

Crossmichael Heritage Centre Open Wed & Fri, 1.30-4.30pm

Cub Scouts, Wed 6.15-7.30pm, Scout Hall, New Galloway

Guided Nature Walks, Sundays in August, 2-4pm, see p7

Dalry Library& Customer Service Centre

Main Street, Dalry, Tel: 01644 430 234 or 01556 502 643

Tuesday: For books and other walk-in services: 2-5pm

Friday: For NEC Bus Pass and Blue Badge appointments and PCs: 11.30am

– 12.30pm; for books and other walk-in services: 1 -4.30pm.

Appointments can be booked in the library or on 01387 260 196.

USEFUL NUMBERS:

- Pot-hole Hotline: 0845 276 0000
- Police, non-emergency: 101
- Doctor: 01644 420 234
- NHS 24: 08454 24 24 24
- D&G Council: 030 33 33 3000

The Return of the **Great Corsock Show**

Saturday 27 August is a date for all diaries, with the return of the Great Corsock Show!

This much-loved Stewartry tradition returns after a Covid-induced absence, with the always popular baking and produce categories and activities including the scarecrow competition, tombola and cake sale - everything necessary for a great day out.

Leaflets with all categories and information have been distributed around the Corsock area, and copies are also available from the porch of Corsock Hall or online at www.corsockhall.wixsite.com/ home/post/the-great-corsock-show-2022



Organisers are looking for donations for the raffle/tombola and would be very grateful for baking donations to the refreshments area too.

If you can help, either with a donation or on the day itself, please get in touch on greatcorsockshow@ hotmail.com

Also, keep an eye on the CorsockHall Facebook page for updates. See you there!

The Corsock Show Team

The Great Corsock Show and scarecrow competition

Saturday 27th August, 2022, Corsock Village Hall



Baking, Flowers, Vegetables and Crafts categories for kids and adults

Raffle · Produce Auction · Tombola

Admission £1 (under 12s and exhibitors free) Refreshments and biscuits or home baking available £1 (donations of homebaking gladly received)

Raffle prizes and bottle stall donations very welcome, please check Facebook (@CorsockHall) for details of where / when to drop off donations OR email greatcorsockshow@hotmail.com

Join in with the Great Corsock Show 2022!





WE WANT TO HEAR FROM YOU!

Submit events, activities, news stories, cartoons, reviews, tips & techniques, fiction, photos, ads or ideas... Contact Sarah Ade on 07727 127 997 or glenkensgazette@hotmail.co.uk

OCT/NOV COPY DEADLINE: 5 SEPT



natural power









Editing & Design: sarah.ade@gmail.com