

# GLENKENS GAZETTE

## MAJOR EXTENSION FOR NEW GALLOWAY SURGERY

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Work is due to begin in the New Year on a major extension to the New Galloway Surgery. The single storey extension will provide an extra two consulting rooms, a much larger reception and dispensing area, and a rear vestibule for patients to wait while their prescriptions are being dispensed.

Speaking for the Glenkens Medical Practice, Dr. John Neil said, "For some time now we have been getting increasingly short of space in the New Galloway Surgery. We currently have two doctors sharing one consulting room, restricted office and dispensing space and limited space for our visiting chiropodist. The new extension will greatly improve privacy and provide a much better working environment for our staff."

The extension has been designed by architect Simon Winstanley, of Crallan & Winstanley, Architects. Mr. Winstanley, who lives in Dalry, said, "The doctors gave us the brief that the new extension had to be in sympathy with the traditional Galloway style of the building, yet be light and airy and have views of the garden. After returning to the drawing board several times we eventually came up with a design to fulfil what the doctors wanted. We believe that the design is both traditional and innovative, and allows maximum use of natural lighting".

During the building work, which will take about six months, part of the existing building will be demolished and the use of the existing rooms will be modified temporarily to allow the building to remain in use as a surgery. *Continued page 2* .....

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## DALRY GOOD NEIGHBOURS CLUB

The Dalry Good Neighbours Club schedule is listed below and for further details / confirmation call Hilda McAdam 01644 430383. New members always welcome at the meetings held in Dalry Community Centre, Kirkland Street. Meetings start at 2.00 pm prompt unless soup & sandwiches served.

|          |      |                                           |                 |
|----------|------|-------------------------------------------|-----------------|
| January  | 13th | Gaiety Theatre                            |                 |
|          | 16th | Soup and Sweet Lunch                      | 1 p.m.          |
|          | 23rd | Burns Supper                              | Lochinvar Hotel |
|          | 30th | Hamish McConkay, The Earl Haig Fund       |                 |
| February | 6th  | Soup and Sweet Lunch                      | 1 p.m.          |
|          | 13th | Cards and Dominoes                        |                 |
|          | 20th | With The Guild Experiences Abroad         |                 |
|          | 27th | Members Entertainment                     |                 |
| March    | 6th  | Soup and Sweet Lunch                      | 1 p.m.          |
|          | 13th | Bob McSporran About Dunaskin              |                 |
|          | 20th | Andrew Bielinski African Wild-life slides | 7 p.m.          |
|          | 27th | End of Season Party                       | Lochinvar Hotel |
| April    | 24th | Afternoon Drive                           |                 |

### Major Extension for New Galloway Surgery continued...

"We hope that the temporary arrangements will cause a minimum of inconvenience to our patients and to the running of the practice," Dr.Neil added. "The car park at New Galloway will be temporarily out of use during building work and visitors to the surgery may have to park in the High Street during this period. The interim arrangements, however, will ensure that the surgery and dispensing services at the New Galloway and Dalry surgeries are unaffected for the duration of the building work."

The extension is being jointly funded by the three doctors in the practice and by the Primary Care Trust. "This project represents a considerable investment in the Glenkens," said Dr.Neil. "We are determined to ensure that this part of rural Scotland retains its own locally based medical practice, providing easily accessible medical and dispensing services for the local population."

### *Valentine Day Thoughts*

*Love, like paint, can make things beautiful when you spread it,  
but it simply dries up when you don't use it.*

*Love sought is good, but given unsought is better.*

*Love is the irresistible desire to be desired irresistibly.*

## **WINTER WARMERS**

The season of colds and flu, stiff joints and aching muscles is upon us. Wouldn't it be nice to reach into your cupboard and pull out something that would ease your symptoms and taste good too? The comfort factor increases when you've made it yourself for virtually nothing!

Here are two of my favourite winter recipes, kept on standby from year to year, ready for those gloomy grey days.

### **ELDERBERRY COLD REMEDY**

Soak 3lbs of elderberries ( blackberries or blackcurrants ) lightly crushed in 2 pts. of cider vinegar for 48 hours. Strain and measure the juice into a pan. To each 2 pts. of liquid add 2lbs sugar, 4" stick of cinnamon, 2 pieces root ginger ( or one level tsp. ground ) and 10 cloves. If you have them also add 6 dried coltsfoot leaves and 1 tbsp. dried marshmallow leaf. Bring gently to the boil, stirring to dissolve the sugar. Simmer 5 min then take off the heat and leave over-night.

The following day bring back to simmer, skim, then strain and bottle, labelling carefully.

This is very good taken neat by the teaspoonful ( 1 -2 , no more than 3 times a day or diluted with hot water as a comforting remedy for cold and flu symptoms).

### **HOT OIL**

For muscular aches, chilblains, cold joints, improving circulation and banishing chills from the bones.

|               |                     |
|---------------|---------------------|
| 1 oz          | cayenne pepper      |
| 2 Tbspns      | mustard powder      |
| 1 Tbspnground | ginger              |
| 2 Tspns       | ground black pepper |
| 1/2 pt.       | vegetable oil       |

Put all the spices into a large jar with the oil and gently heat in a pan of water. Bring to a very gentle simmer for 3 hours, topping up the water if necessary.

Remove the container from the pan and strain through muslin. Bottle and label carefully.



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## NEW GALLOWAY. OUR HISTORIC BURGH. PART 2

*Helen Bolton*

By the mid 1600's Newtown of Galloway had a fairly flourishing weekly market and the three annual fairs were a great attraction for the hillmen of Glenkens and for visitors from further afield. These events were held at Carson's Knowe and the cattle were grazed on the lush meadows beside the Water of Ken.

Rules were laid down to protect the Fairs and Markets, to ensure the new Burgh need have no fear of opposition.

"No other Weekly Markets or Free Fairs are to be held within an area betwix Newtown of Galloway and Castlefairne in the east, Clauchan-pluck ( Laurieston ) in the south, Black Forde of Dee in the west and a hill called Larg in the north". This covered an area of about ten miles in each direction.

By 1650 an annual Cattle Show had been established, said to be the parent of all shows in Scotland. From all this it can be seen that Kells and indeed the whole Glenkens area, relied on agriculture and cattle in particular, for its very existence. However, the primitive tracks over the hills to Newtown of Galloway made it a singularly inaccessible place, and all these events must have been on a very small scale.

At about this time there was an increase in the transportation of cattle from Ireland to Scottish and English markets. Boats carrying cattle sailed from Donaghadee to Portpatrick ( or Port Montgomery to give its early name ), and huge droves were walked across Galloway. Many old droving routes can still be traced as they follow farm and forestry roads across the moors. One such route was the Old Edinburgh Road and it was on this road cattle were brought to Newton of Galloway, a famous halfway house between Wigtownshire and Dumfries. It was also a gathering place for Stewartry cattle bound for English markets.

Although this cattle trading was good for the Burgh in some respects, there were many people who objected to Sunday droving. The noise of enormous herds of cattle being gathered after resting over-night, the shouting and swearing of the drovers and the barking of their dogs was too much for the good folk of the area. Also the cattle damaged crops on the lands through which they passed. To stop this, people resorted to violence – riots, and even bloodshed was reported in the Glenkens !

*To be continued in issue 3 of The Glenkens Gazette*

### WHAT'S IN A NAME?

St. John's Town of Dalry is not a town like Castle Douglas or Kirkcudbright or Dalbeattie with a population of thousands. It would begin as a fairm toon – a farm town – where there was a group of cottages for the farmers who worked on the surrounding land. St. John's Clachan of Dalry is an alternative old name. In Gaelic a clachan was a group of tall stones or stone cottages. Some people in Dalry still refer to Kirkland Street as the back Clachan.

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The new Lochinvar water treatment works is being built to guarantee water quality for the future. It is strategically very important since it will supply water to communities from Dalry to the outskirts of Dumfries. With a maximum capacity of 6.5 million litres per day and a cost of £6.7 million, the three stage treatment process consists of clarification, primary and secondary filtration with onsite sludge treatment. *Continued page 8*

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## CASTLE DOUGLAS SURGERY HOURS

Mon – Fri 2.00 – 2.30pm & 5.00 – 6.00 pm  
Sat 2.00 – 2.30 pm

## DALBEATTIE SURGERY HOURS

Mon / Wed & Fri 3.00 – 3.30pm  
Tues & Thurs 6.00 – 6.30pm

FOR APPOINTMENTS AT BOTH SURGERIES OR IN CASE OF AN EMERGENCY AT ANY TIME  
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01556 502263

VETERINARY SURGERY, OAKWELL ROAD, CASTLE DOUGLAS



**King Arthur****Presented by The Glenkens '73 Club***Reviewed by Carol Salisbury*

What would the festive season be without the traditional panto – with all its hissing and booing, its glamorous hero and of course the pantomime dame? All this and more was much in evidence at the Glenkens '73 Club's "King Arthur" production, written by Paul Reakes, which played at Dalry Town Hall in December. Even the awful weather did not stop a very good attendance by folk of all ages from throughout the Glenkens area.

One break with tradition was a female wizard (Merlina, played with suitably imposing presence by Fiona Macintyre); Camelot declaring itself a proud equal opportunities employer! King Arthur (George Macintyre) was a wonderfully jolly, mead-befuddled monarch, relentlessly hen-pecked by his dear wife, Guinevere, a kind of cross between Mrs. Malaprop and Lily Savage and played magnificently by Rhoda Rugg. Lancelot (Sheila Little) was a dashing and charming as a hero should be and Sally (Jane Smith) as comely a serving wench as you could wish to see in the Clachan of a Saturday night!

Smoulder the baby dragon (Kathy Polkinghorne) was delightful and funny, enjoyed particularly by the younger members of the audience, whilst many hearts fluttered over our very own Leonardo diCaprio – Squirt, played by Callum Macintyre.

The chorus (Ann-Marie Brannock, Melva Tyson, Kirsty Harvie and Christine Griffiths) managed their quick change role swaps with no mishaps and the song "Will you still love me tomorrow?" gave them the chance to shine very sweetly. And James Simpson, though his dragon puts in a late appearance, rose to the part in the final triumph of Good over Evil.

Speaking of Evil..... What of the hissing and booing? The, "He's behind you's"? This panto gave us all plenty of that with the characters of Morgana the Welsh Witch and her appalling, snivelling son Mordred, played with consummate skill by Christine Rae and Sally Grierson. Mordred was particularly menacing in "Every Move You Make", a favourite moment with many of the audience.

All in all, the panto was a great success, hugely enjoyable and packed full of local humour and topical ideas. I really like the idea of the outcome of the monarchy being decided by a computer game instead of a joust.

Many thanks to the Glenkens '73 Club for providing us with this heart-warming entertainment.

If anyone is feeling inspired to seek the bright lights of fame and fortune (or alternatively, to join the local amateur dramatic company), the Glenkens '73 Club would love to hear from you. They are currently looking to form a youth company. Go on! Call Brian Edgar for more details: 01644 420288.

**ADULT EDUCATION CLASSES FOR THE GLENKENS**

The majority of courses will be starting in the week beginning Monday 16th January. All the autumn classes will run again except the Poetry Appreciation.

New classes this term are:

**German for Beginners** at Dalry Secondary School.

**Chess for Beginners** at Kells Primary School.

Brochures available from shops, library and Post Offices.

**Glenkens Gazette Goes Global**

**You can now access your local newsletter via the internet at**

**[www.glenkensgazette.com](http://www.glenkensgazette.com)**

**Mr. Roy Woolhouse has kindly made this new facility available.**

## TERRAMUNDI COMES TO DALRY PRIMARY SCHOOL

By Pamela Walker– Namia

Dalry Primary School had the pleasure of welcoming members of the Terramundi Theatre for the week beginning Monday 11th December 2000. Since P5,6 & 7 of Dalry School were already studying "The Seashore" and one of Terramundi's School Theatre Projects was also the seashore, the connection was apparent !

The project began with a visit to Rockcliffe Beach on the Wednesday before where the pupils and teachers were to meet Ali, Anne and Leslie of Terramundi together with a local ranger. Even there, on that cold, wet, windy and potentially miserable day "creativity was in the air". A scientific study of the environment, specifically rock pools and the beach, was linked with pollution awareness. This led to an immediate and deep follow-up discussion and creative writing back at school.

Terramundi, however, continued the following week to develop skills in a variety of ways including drama, voice work, story telling, creative writing, prop making and devising a sound track, interspersed with pupils poems. All the time, scientific accuracy was respected regarding the seashore and its environmental problems.

To say that the pupils of Dalry Primary School, who are always enthusiastic and responsive, rose to the occasion is an understatement ! The entire week's project culminated in a wonderful theatrical performance well supported by pupils' families and members of the community on the Friday afternoon. Mrs. Marion Bone represented the community, in giving a gracious vote of thanks to both the Terramundi Theatre and the P5,6 & 7 pupils. Remarks in the post theatre comment book speak for themselves. Here's a selection.....

*"This event was fantastic! It's so good to see the children working together – enjoying working together. The costumes, the props, music-imagery were all excellent. It is amazing that all this has come together in one week!"*

Joanna Gisbey

*"My son has talked about nothing else the whole week. He grasped the issues around conservation and pollution and won't forget this experience. Well done !"*

Mari Tulbure

*"A fantastic week's work! It brought out so many of the children's qualities; imagination, inventiveness and lots more. Very well worthwhile and the children enjoyed it all so much."*

M Pringle

Indeed, well deserved congratulations to all the pupils of P5,6 & 7 !

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## CHURCH OF SCOTLAND SERVICES

### REGULAR SERVICES

|              |                                        |
|--------------|----------------------------------------|
| Croisphairn  | 10.30am every Sunday                   |
| Dalry        | 12.00 noon every Sunday                |
| Balmaclellan | 12.00 noon every 1st Sunday in month   |
| Kells        | 10.30am every Sun. except 1st in month |

### FUTURE SPECIAL SERVICES

|            |                             |
|------------|-----------------------------|
| 2nd March  | World Day of Prayer         |
|            | 7.00pm Balmaclellan         |
| 23rd March | Ceiliadh Dàibhe             |
|            | 7.00pm Balmaclellan         |
| 13th April | Good Friday Service         |
|            | 7.30pm Balmaclellan         |
| 13th April | Down Service                |
|            | 7.00pm Outside Dalry Church |

### GLENKENS CHOIR

The Glenkens Church Choir was formed in April 1999 and since then has performed in various churches at Harvest, Easter and Christmas services. It is having a short break until the beginning of February when practices will resume. This year it is planned to hold rotating united services on the 11th Sunday of months with five Sundays so that the choir can have a role in morning worship. Other events no doubt will follow. The choir meets for practice in Dalry Session House between 7.30 and 9.00pm on Thursdays. If you would like to come and sing, please call Jean Mason - 01644 420889 - or just turn up.

### BLYTHSWOOD CARE COLLECTIONS

Since January, Blythswood Care has been able to send 56 loads of aid to Eastern Europe and Africa. They have now begun a monthly collection circuit around the South of Scotland. Our nearest collection point is Castle Douglas. Donations of food (rice, flour, pasta, cooking oil etc.), clothing, bedding and household goods are appreciated. Items can be dropped off at the Manse or collected from you.

## St. Margaret's Episcopal Church

Services of Holy Communion are held at 10.30 am on Sundays and Wednesdays throughout the year.

All are welcome

As part of the world-wide Anglican Communion, the Scottish Episcopal Church is closely identified with the Church of England.

## DALRY BOOK LAUNCH

26th January

7.30 pm

Dalry Town Hall

Dalry Heritage Group are pleased to announce the publication of two books containing black and white photographs of village life.

Both are free to each household within the Parish.

An exhibition of all 100 photographs will be held on the 26th 27th and 28th. Copies of the photographs may be purchased. 75 free tickets will be available from local shops for the cheese and wine evening on the 26th January.

Further details on posters in the village or contact Hilma McAdam 430383

## EDITORIAL GROUP

|                |        |
|----------------|--------|
| Anna Campbell  | 460208 |
| Brian Edgar    | 420288 |
| Jean Lindsay   | 430529 |
| Matthew Newton | 430225 |

### Deadline for next issue is

15th February.

The views expressed in this newsletter do not necessarily reflect the opinions of the editorial group. The group reserves the right to encourage the expression of a variety of views on subjects of interest to the local community.

## ADVERTISING RATES

|                |     |
|----------------|-----|
| HALF PAGE      | £50 |
| QUARTER        | £30 |
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## CONGRATULATIONS

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## WATER TREATMENT PLANTS .....continued.

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